

March 13, 2024

Cláudia Alexandra Gonçalves Ribeiro

claudiaagribeiro@hotmail.com

Dear evaluation committee,

I am writing to apply to the ManagiDiTH Master's programme. I am a young doctor, currently working at an hospital and I'm eager to develop my digital skills as it will allow me to be more valuable in my work and future projects.

I was around twelve when I decided I wanted to be a doctor. I wanted to help people. Simple as that. Thirteen years later, I still want to help people. And the digital transformation in my place of work is an obvious road to reach this end.

During my university years, I enrolled in several lectures and congresses where the connection between the digital and health was the main topic and I noticed how we can do a lot more at our hospitals and primary healthcare units. I am talking about the exchange of information between systems, the functionality of basic digital medical instruments (such as oximeters and the vitals' monitor) or the use of telemedicine.

As a newly formed doctor, I have witnessed many other examples in which the Digital is fundamental to our healthcare practice. The digital transformation is an ongoing process that can create opportunities and is a critical factor for health professionals. For instance, I work at an hospital that provides service to a big, isolated population with difficulty in accessing our hospital. To deal with this, we have a project where we use a virtual assistant that contacts patients with certain diseases (such as heart failure) and has the capacity to generate an alert when the patient has criteria to be observed by a healthcare provider. This project has deeply diminished the number of emergencies in patients followed by this project. This is a very simple but terrific example of how digital transformation is happening right now and we, as healthcare staff, must follow this process. And that's why I am so interested in the Master's programme: in the quest of being a better doctor and being able to contribute to this kind of projects.

So, as you can see, I have many reasons to be motivated for this programme. I consider myself as someone with great ideas, but I lack some capacities to bring these ideas to life and this is where ManagiDiTH can come into play.

I look forward to hearing from you. Thank you for your time and consideration.

Sincerely,

Cláudia Ribeiro