

# Tiia Annele Försti

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## **Subject:** Motivation Letter

Dear ManagiDiTH,

As a quite young nurse, who has been in this field under 10 years, digitalization of healthcare and all the challenges coming with it has come familiar to me. When I graduated as a nurse in 2016, there was electrical health care record systems in use at almost everywhere and patient recording was just about to turn into more structured form. I remember years ago working at the home care as a substitute for a nurse, and they gave us these new smartphones for patient recording. Already then I thought that what a great innovation that was and how much help it brought for me as a nurse, because I didn't have to go back to the office to write the records between every patient. In the other hand I also remember, how almost everyone out of my colleagues, who were all older than me, were highly irritated by the smartphones. They felt those were hard to use, and there was something new breaking their routines. Time went by a little, and quickly they saw how efficient using smartphones was.

I have been in a surgical field almost 8 years now and I love what I do. Efficiency has one of the most important roles in my unit. I often think how much we have already received via digitalisation, and how it has proven to be irreplaceable factor in our units functionality and efficiency. When I started working in this unit about 5 years ago, almost all of the patient recordings were written by hand and the amount of our elective surgeries was less than now. Apotti (patient information system) came and with its introduction it opened a door for many of my colleagues towards modern medical healthcare and showed us its challenges, but also its efficiency and benefits.

I am interested to learn about opportunities, changes and benefits what the digitalisation in healthcare is bringing to us. In the future I hope I could work with these kind of tasks, where I'm supporting healthcare professionals to face these challenges and possibly help them to introduce new digital solutions. I know that it isn't easy, and every new innovation and system is always coming with grievances and we have to learn to work with those grievances to make it functional. With digitalisation being a threatening and inconvenient subject for many

workers, I would like to play my part with supporting and encouraging people to take a leap towards it.

These are the reasons why I think that the ManagiDiTH- programme could bring me new sources of guidance towards my future in digitalisation of healthcare.

Kind regards

Tiia Annele Försti