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Managing Digital Transformation in Health Sector Master Program

I start as a Dance Science student at FMH and I am a Post-Graduated in Rehabilitation in Exercise and Sports Medicine at FMUP and a Post-Graduated in Health Project Management from ENSP, starting now a specialization in Software Project Management. I also have a specialization in Epidemiology from IHMT.

Having studied Dance in the context of motor sciences and human motricity, I am focused on movement and postural rehabilitation as a public health intervention on sedentary populations.

As well, for the last 3 years I have been working as part of an AI automatization process chain for a global bank and I have developed some competencies and learning interests regarding digital health and AI in health. It is a road I am trying to know better and to grow into.

I do believe Technology and Digital Health will transform the way medicine is practiced on the long run. I also think Digital Health might give Public Health Education a broader impact and review medicine as a whole, as promoted by Hippocrates concept of “healthy mind in a healthy body” and work towards harmony between the individual, social and natural environment through facilitating access and correct, interlinked, information.

As a Dance Science student and lifelong learner, I believe I have developed a great sense of discipline and creativity and critical thinking. I look forward to grow as a functional pawn on this transition and bring contributions.

I am fluent in Portuguese, English and Italian and can speak my mind in French, whilst understanding every Spanish word.

Thank you for your attention,

Best regards
Ana Rafaela Cañete