




Irina Sarelainen

Date of birth: 21/05/1989

Nationality: Finnish

Gender: Female

CONTACT

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ABOUT ME

Social worker. Working currently for the city of Helsinki.

WORK EXPERIENCE

27/05/2019 – CURRENT Helsinki, Finland

Social services worker City of Helsinki

Social work with adults. Working with clients and decision making. Support person with the Apotti system.

04/2018 – 08/2018 Turku, Finland

Social work trainee Varsinais-Suomen sosiaalialan osaamiskeskus (Vasso)

Social work trainee in PRO SOS-project.

08/2011 – 05/2012 Helsinki, Finland

Project coordinator Global.me Projektiyhdistys ry

Project coordinating in global education project.

2012 – 2014 Helsinki, Finland

Benefits officer City of Helsinki

Working with social benefits and decision making during this time period: 12/2012-06/2013, 07/2013-08/2013, 06/2014-08/2014.

04/2011 – 07/2011 Essen, Germany

Trainee Center of Mindfulness Oy

Practical training abroad. Office work and work with clients.

06/2009 – 08/2009 Helsinki, Finland

Trainee Nordea Bank Ab

Practical training. Office work and work with clients.

EDUCATION AND TRAINING

2013 – 2019 Turku, Finland

Master of social sciences University of Turku

2008 – 2012 Helsinki, Finland

Bachelor of business administration Haaga-Helia university of applied sciences

LANGUAGE SKILLS

MOTHER TONGUE(S): Finnish | Russian

Other language(s):

English

Listening B2

Reading B2

Writing B2

Spoken production B2

Spoken interaction B2

German

Listening B2

Reading B2

Writing B2

Spoken production B2

Spoken interaction B2

Swedish

Listening B1

Reading B1

Writing B1

Spoken production B1

Spoken interaction B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DIGITAL SKILLS

Microsoft Office package: Microsoft Word, Excel, PowerPoint, Access | Video Conferencing (Zoom, Teams, Skype, Webex) - Advanced | Google Suite (Doc, Slides, Form, Sheet, Drive) | Social Media | Microsoft Office (Outlook, Excel, Word, PowerPoint)

DRIVING LICENCE



Driving Licence: B

HOBBIES AND INTERESTS



Literature, sports and arts.

VOLUNTEERING

2010 – 2015 Helsinki



AIESEC

Practicing leadership skills in a international youth organization. Conference management and team work.