



Madalena Sarreira Horta Monteiro

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WORK EXPERIENCE

06/11/2023 – CURRENT Lisboa, Portugal

REGISTERED NURSE HOSPITAL DA LUZ TORRES DE LISBOA

Nursing care for the perioperative patient in the context of scheduled surgery (anesthesia nurse, circulating nurse and instrumentalist nurse), in the various surgical specialties (general surgery, orthopedics, urology, plastic surgery, ENT, ophthalmology)

14/11/2022 – 27/10/2023 Lisboa, Portugal

REGISTERED NURSE HOSPITAL ORDEM TERCEIRA

Nursing care for the perioperative patient in the context of scheduled surgery (anesthesia nurse and circulating nurse), in the various surgical specialties (general surgery, orthopedics, urology, plastic surgery, ENT, ophthalmology)

21/06/2021 – CURRENT Lisbon, Portugal

REGISTERED NURSE RANDSTAD

Vaccination of the population against COVID-19.

31/03/2021 – CURRENT Lisbon, Portugal

REGISTERED NURSE OMES

Vaccination of the population against COVID-19.

03/12/2017 – 26/12/2022 Lisbon, Portugal

REGISTERED NURSE CENTRAL OPERATING ROOM, HOSPITAL DE S. JOSÉ, CENTRO HOSPITALAR DE LISBOA CENTRAL

I worked at a hospital that is a centre of trauma with an Emergency Department open 24h/7 days a week for adult care only. In the central Operating Room, I worked for the emergent/ urgent surgeries team. I did any kind of surgical specialty (General surgery, orthopedics, plastic and reconstructive surgery, thoracic surgery, neurosurgery, otorhinolaryngology), except pediatric surgery and gynecology and Obstetrics surgery. I worked as an anesthesia nurse, circulation nurse, instrumentalist nurse and post-anesthetic care unit nurse.

20/08/2017 – 02/12/2017 Lisbon, Portugal

REGISTERED NURSE OPERATING ROOM, HOSPITAL DA CRUZ VERMELHA

Nursing care on the perioperative patient, for elective surgery in the medical specialties of orthopedics, general surgery, plastic and reconstructive surgery and cardiac surgery.
Integration on the anesthesia nurse role.
Post- anesthetic care unit nurse.

06/11/2016 – 27/08/2017 Cascais, Portugal

REGISTERED NURSE EMERGENCY ROOM, HOSPITAL DE CASCAIS DR. JOSÉ DE ALMEIDA

- Nursing care to patients in the Emergency room;
- Colect specimen (blood, urine, or others);
- Medicine administration via oral, endovenous, intra muscular, subcutaneous;
- Invasive and non-invasive nursing procedures (venous puncture, nasogastric intubation, put on urinary catheter, or other procedures);
- Assist the medical team.

14/02/2016 – 05/11/2016 Oeiras, Portugal

REGISTERED NURSE UNIT OF INTEGRATED AND CONTINUOUS CARE, UNIT OF LONG DURATION

- Provide care based on nursing diagnoses, planning of interventions and evaluation of results, seeking the care or referral of clients in an integrated and articulated structure, in order to pursue the improvement of the welfare and comfort of people in situations of dependency;
- Medication management, wound care, health assistants management, control infection and other functions associated with the job.

15/03/2015 – 13/02/2016 Salgueiro do Campo, Portugal

REGISTERED NURSE S. TOMÁS NURSING HOME

- Providing comprehensive nursing care for elderly persons in situations of dependency. In providing nursing care is privileged the helping relationship, using the scientific method, which includes the collection and identification data for identifying problems with a view to the formulation of nursing diagnosis, preparation of action plans and evaluation of results.

● **EDUCATION AND TRAINING**

12/09/2019 – 07/02/2022 Lisbon, Portugal

MASTER IN NURSING - SPECIALIZATION IN MEDICAL-SURGICAL NURSING: PERSON IN CRITICAL SITUATION Universidade Católica Portuguesa, Instituto de Ciências da Saúde

Internships:

- Intensive Care Unit, Hospital de S. José, Lisbon, Portugal (180h);
- Emergency Department, Rambam Hospital, Haifa, Israel (180h);
- Immediate Life Support Ambulance, Lisbon, Portugal (180h).

Level in EQF EQF level 7 | **Thesis** The culturally congruent care in critical ill patient

13/09/2017 – 27/04/2018 Lisbon, Portugal

POSTGRADUATE STUDIES IN ADULT HEALTH AND CARE IN CRITICAL SITUATIONS Universidade Católica Portuguesa, Instituto de Ciências da Saúde

20/11/2016 – 20/11/2016 Cascais, Portugal

BASIC LIFE SUPPORT Hospital de Cascais Dr. José de Almeida

03/10/2010 – 10/07/2014 Lisbon, Portugal

NURSING DEGREE Escola Superior de Enfermagem de Lisboa

Level in EQF EQF level 6

09/03/2014 – 11/06/2014 Queijas, Portugal

NURSING STUDENT IN CLINICAL PRACTICE - INDIVIDUAL PROJECT IN CLINICAL NURSING Unidade de Cuidados na Comunidade Cuidar+, Equipa de Cuidados Continuados Integrados

- Providing nursing care to the patient dependent and/or end of life in their home, as well as providing care to their family;
- Physical rehabilitation to the dependent patient in their home;
- Palliative care to patients in their home;
- Family evaluation and preparation of intervention plans through the Calgary Model;

- Monograph: "The family caregivers of dependent elderly: The contribution of nursing intervention in relieving the burnout."

01/12/2013 – 20/12/2014 Odense, Denmark

NURSING STUDENT IN COMMUNITY HEALTH AND FAMILY NURSING CLINICAL PRACTICE
Sygeplejen Hjallesø (ERASMUS Program)

- Providing nursing care in the community to the patient and family after hospital discharge (therapeutic management, health education and other therapeutic interventions according to the needs of the patient);
- Visit to a Diabetic Foot Unit.

06/05/2013 – 06/06/2013 Lisbon, Portugal

NURSING STUDENT IN WOMEN'S HEALTH NURSING CLINICAL PRACTICE Hospital CUF
Descobertas, Serviço Puerpério (Postpartum ward)

- Obstetric evaluation and evaluation of the newborn
- Development of nursing care plan to the postpartum women and to the newborn;
- Providing nursing care for women during childbirth, the postpartum and the newborn.

02/04/2013 – 02/05/2013 Lisbon, Portugal

NURSING STUDENT IN MENTAL HEALTH AND PSYCHIATRIC NURSING CLINICAL PRACTICE
Psychiatric Clinic of St. Joseph

- Assessment of the patient with mental illness;
- Providing nursing care to the person with mental illness.

18/02/2013 – 21/03/2013 Lisbon, Portugal

NURSING STUDENT IN CHILDREN AND ADOLESCENTS NURSING CLINICAL PRACTICE Hospital
de Santa Marta, Pediatric Cardiology Ward

- Providing nursing care for children and teenagers with congenital heart disease.

18/03/2012 – 07/06/2012 Lisbon, Portugal

NURSING STUDENT IN ADULT AND ELDERLY PATIENTS NURSING CLINICAL PRACTICE Hospital
da Marinha, Medicine ward

- Providing nursing care to adult and elderly patients with various medical / surgical pathologies.

● **LANGUAGE SKILLS**

Mother tongue(s): **PORTUGUESE**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
SPANISH	A2	A2	A2	A2	A2
FRENCH	A1	A1	A1	A1	A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● **DRIVING LICENCE**

Driving Licence: AM

Driving Licence: B

● **CONFERENCES AND SEMINARS**

06/07/2021

Webinar "Vulnerabilities in Perioperative Care"

Duration - 2h

09/06/2021 Lisbon

X National Conference and VIII International Conference of the Lisbon School of Nursing School of the Institute of Health Sciences of the Catholic University of Portugal

Participation with Poster "Nursing Interventions in the Provision of Culturally Congruent Care in Hospitals: a scoping review"

21/01/2021 Universidade Católica Portuguesa Lisboa

Lecture on "Nursing in Israel"

I gave a lecture to the 4th year students of the Nursing Course of the Institute of Health Sciences of the Portuguese Catholic University, in the Curricular Unit "Global Nursing", about my experience in Israel.

Duration - 1h

Seminars

03/11/2015

"Information Systems in Nursing"

RN Enf. Renato António Gomes Pinto, Coordinator of the Framework for Information Systems in Nursing, at the Order of Nurses.

Escola Superior de Saúde Dr. Lopes Dias do Instituto Politécnico de Castelo Branco.

Duration: 4h

● **COMMUNICATION AND INTERPERSONAL SKILLS**

Communication and interpersonal skills

- Good communication skills and ease in integrating multidisciplinary teams, acquired in training and improved process with the professional activity carried out to date;
- Openness to different cultures and ways of working, acquired through ERASMUS experience in Odense, Denmark; and in the internship in Haifa, Israel.

● **OTHER SKILLS**

Other skills

- Ballet, equitation, forró dance

● **CONGRESS**

25/03/2021 – 26/03/2021

International Congress on Infection Control

Duration - 16h

04/02/2016 – 05/02/2016

IV International Wound Congress of the Nursing School of Coimbra

Workshops - Vacuum therapy (1h) and Burns (1h)

Congress

03/10/2015

II Congress VMER CHO - Caldas da Rainha

Duração: 8h

- **COURSES**

02/05/2022 – 25/05/2022

Team Management Training

Training given by CECOIA on team management. Duration - 25h

Courses

02/10/2015

"Pre and Intra Hospital Early the STEMI Management" at the II Congress VMER CHO - Caldas da Rainha

Duration: 5h

Courses

02/10/2015

"Pain managment" at the II Congress VMER CHO - Caldas da Rainha

Duration: 5h