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ABOUT ME

Doctor. Anesthesiologist. Interested in emergency medicine, enthusiastic about regional anesthesia and curious about health data management.

WORK EXPERIENCE

Anesthesiologist

Unidade Local de Saúde de Amadora/Sintra [03/2024 – Current]

City: Amadora | Country: Portugal

Medical Doctor of Emergency and Resuscitation Medical Vehicle

Hospital Professor Doutor Fernando Fonseca [01/03/2020 – Current]

City: Amadora | Country: Portugal

Anesthesiology Resident

Hospital Professor Doutor Fernando Fonseca [01/2019 – 03/2024]

City: Amadora | Country: Portugal

Foundation Year

Centro Hospitalar Lisboa Central [01/01/2018 – 31/12/2018]

City: Lisboa | Country: Portugal

EDUCATION AND TRAINING

Specialization in Scientific Foundations of Anesthesiology

Medical School of Porto University [2020 – 2021]

City: Porto | Country: Portugal | Final grade: 18 | Type of credits: ECTS | Number of credits: 30

Postgraduate Program in Information Management and Business Intelligence in Healthcare

NOVA Information Management School [2018 – 2019]

City: Lisboa | Country: Portugal | Final grade: 16 | Type of credits: ECTS | Number of credits: 60

Integrated Master Degree in Medicine

Medical School of Lisbon University [2011 – 2017]

City: Lisboa | Country: Portugal | Final grade: 17 | Type of credits: ECTS | Number of credits: 360

High School of Science and Technology

Externato de Penafirme [2009 – 2011]

City: Lisboa | Country: Portugal | Final grade: 18,7

INTERNSHIPS

ESRA Educational Grant

ESRA Educational Grant awarded by the *European Society of Regional Anesthesia & Pain Therapy*, on 7th March 2022, for an internship of 3 months at the University Hospital of Leuven (Belgium).

Erasmus+ Student Mobility for Traineeships

Internship at the Surgery and Obstetrics-Gynecology Department of CHU Brugmann (Brussels) from 29/09/2016 to 2/12/2016 under the Erasmus+ *Student Mobility for Traineeships* Program.

Summer Internship NBup

Internship at the Intensive Care Service of Hospital Beatriz Ângelo from 25/07/2016 to 25/08/2016 integrated in the 2016 edition of the Summer Internships NBup.

COURSES

[13/10/2023 – 14/10/2023]

Advanced Life Support Course

Advanced Life Support Course accredited by the American Heart Association, held on 13th and 14th October 2023, with AHA validity of 2 years and INEM 5 years.

[27/10/2022]

Flight Physiology and Heliport Safety Course

Flight Physiology and Heliport Safety Course that took place on 27th October 2022, lasting 10 hours, under the responsibility of the Training Center of the Southern Regional Delegation of INEM.

[09/06/2022]

Communicating Bad News

Continuing Education Course "Communication of Bad News" completed on June 9, 2022, at the Faculty of Medicine of the University of Porto, with a final grade of 18 out of 20 and 2 ECTS credits. The course consisted of 54 hours of practical training.

[22/04/2022]

Neuroanesthesiology

Continuing Education Course "Neuroanesthesiology" completed on 22th April 2022, at the Faculty of Medicine of the University of Porto, with a final classification of 18 out of 20 and 4 ECTS credits. The course consisted of 108 hours of *E-learning*.

[23/11/2021]

Mechanical Ventilation for COVID-19 Course

Mechanical Ventilation for COVID-19 Course, organized by Harvard Medical School, concluded on 23th November 2021 (E-learning).

[21/10/2021 – 23/10/2021]

Course "Procedimientos Avanzados en el Control de la Vía Aérea"

Course "*Procedimientos Avanzados en el Control de la Vía Aérea*" organized by Formación Internacional en Docencia e Investigación en Vía Aérea - FIDIVA (Valencia, Spain), on 21th, 22th and 23th October 2021, with success in the assessment test.

[07/10/2021]

Neonatal Resuscitation Course

Neonatal Resuscitation Course organized by Hospital Prof. Dr. Fernando Fonseca that took place on the 7th of October 2021 with a duration of 6 hours.

[14/06/2021 – 18/06/2021]

XIX VENTIMEC Course

XIX Course on "Ventilación Mecánica en Anestesia, Cuidados Críticos y Trasplantes (VENTIMEC 2021)" organized by the Puerta de Hierro University Hospital (Madrid, Spain), between 14th and 18th June 2021, with 16 teaching hours.

[19/05/2021]

Obstetric Emergencies Course

Obstetric Emergencies Course that took place on 19th May 2021, at the Biomedical Simulation Center of the Faculty of Medicine of the University of Porto, lasting 8 hours.

[07/05/2021 – 08/05/2021]

Pediatric Advanced Life Support Course

Pediatric Advanced Life Support Course accredited by *American Heart Association*, conducted on 7th and 8th May 2021, with *AH A* valid for 2 years.

[03/11/2020 – 04/11/2020]

Post-Anaesthetic Care and Treatment of Acute Pain Course

Post-Anaesthetic Care and Treatment of Acute Pain Course organized by the Centro Hospitalar Universitário Lisboa Norte, with a duration of 15 hours, on 3rd and 4th November 2020 (*B-learning*).

[01/11/2020]

Advanced Cardiovascular Life Support Instructor Program

Advanced Cardiovascular Life Support (ACLS) Instructor Program in accordance with the curriculum of the American Heart Association (AHA)

Completed on 1st November 2020, Instructor ID N° 2012000451, eCard Code 205637569299, Valid until November 2022

[26/10/2020]

Clinical Investigator Certification - Level 1

Clinical Investigator Certification - Level 1

Ministered by NOVA Medical School

Duration of 16 hours and final classification 85%

[17/07/2020]

Initial Pedagogical Training Course for Trainers

Initial Pedagogical Training Course for Trainers

Taught by Alamedas Office (90 hours) and certified by the Institute of Employment and Professional Training

Completed 07-07-2020 Certificate No F697194/2020 issued on 17-07-2020

[15/11/2019 – 12/12/2019]

Emergency and Resuscitation Medical Vehicle Course

Emergency and Resuscitation Medical Vehicle Course, starting on 15th November 2019 and ending on 12th December 2019, duration 74 hours, at the Training Center of the South Regional Office of INEM.

[03/2019 – 05/2019]

Blended Learning Introduction to Clinical Studies

Blended Learning Introduction to Clinical Studies Course

Ministered by Medical School of Porto University

Consisting of 162 hours of B-learning (6 ECTS credits) and final classification of 18

[17/10/2019]

Non-Invasive Ventilation and Heart Failure Course

Theoretical-Practical Course on Non-Invasive Ventilation and Heart Failure lasting 5 hours, on 17th October 2019, at Hospital Prof. Doutor Fernando Fonseca, EPE.

[20/09/2019 – 22/09/2019]

Advanced Trauma Life Support Course

266th ATLS Course - Advanced Trauma Life Support for Doctors, according to the standards defined by the Committee on Trauma of the American College of Surgeons, which took place on 20th - 22nd September 2019, at FCM School Building at the Hospital São Francisco Xavier.

[10/05/2019 – 11/05/2019]

Advance Life Support Course

Advanced Life Support Course accredited by the American Heart Association, held on 10th and 11th May 2019, with AHA validity of 2 years and INEM of 5 years.

[27/11/2018]

Pain Education Course

Pain Education course within the scope of the National Congress of Medicine 2018 that took place on 27th November 2018 in Lisbon with a duration of 4 hours.

Basic Life Support Course

Basic Life Support (BLS) Course certified by the European Resuscitation Council valid from 16/01/2018 to 16/01/2023.

PROJECTS

Project Participation in the *23rd European Union Contest for Young Scientists*, Suvilahti - Helsinki, Finland - 23rd - 27th September 2011.

LANGUAGE SKILLS

Mother tongue(s): Português

Other language(s):

Inglês

LISTENING B2 READING B2 WRITING B2

SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2

Francês

LISTENING B1 READING B1 WRITING A2

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user