



## Marta Sofia Oliveira Dias Blanco

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**Home:** Armação de Pêra, Silves, Faro, (Portugal)

### WORK EXPERIENCE

#### Hospital Administrator Internship

**Santa Maria Hospital** [ 01/10/2023 – 30/11/2023 ]

City: Lisbon | Country: Portugal

Direct contact with the reality of hospital practice and guidance under the supervision of a graduate in Hospital Administration or a professional of recognized merit allow the student to become acquainted with daily experiences in decision-making processes, identify problems, and find evidence-based responses.

#### Clinical Nurse Specialist in Critical Care - EMS/HEMS

**National Medical Emergency Institute (INEM)** [ 2013 – 2024 ]

Country: Portugal

- Critical Care Registered Nurse at EMS Ambulances and HEMS Helicopters nationwide in Portugal.
- Basic Life Support and External Defibrillator Instructor.

#### Clinical Nurse Specialist - Emergency Services (ER) Local Healthcare Unit of Algarve

**CHUA** [ 2020 – 2023 ]

City: Faro | Country: Portugal

Registered Nurse on rotation duty shifts at Faro Hospital's Emergency Room.

#### Leading Clinical Nurse Specialist in Critical Care - EMS Ambulance

**Medical Emergenci National Institute (INEM)** [ 2013 – 2023 ]

Country: Portugal

Lead Nurse and liaison officer for the Immediate Life Support Ambulances, as part of the Joint Management and Operation Protocol for resources, established between the Medical Emergency National Institute and Central Hospitals Country-wide.

#### Primary School Teacher

**Ministry of Education** [ 2002 – 2013 ]

Country: Portugal

Eleven years on service with total accumulated experience of 3126 duty days.

## EDUCATION AND TRAINING

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### Master's Degree in Health Management

**NOVA National School of Public Health** [ 2024 – Current ]

City: On-line | Country: Portugal

### Specialization Course in Hospital Administration

**NOVA National School of Public Health** [ 2022 – 2024 ]

City: Lisbon | Country: Portugal

### Postgraduate Degree in Clinical Supervision in Nursing

**Universidade Católica Portuguesa** [ 05/09/2021 ]

City: Lisboa | Country: Portugal

### Master's Degree in Nursing, Specialization in Medical-Surgical Nursing - The Person in Critical Condition

**Instituto Politécnico de Setúbal** [ 08/2017 – 15/05/2019 ]

City: Setúbal | Country: Portugal

### Postgraduate Degree in Nursing for Critical Care Patients

**REANIMA** [ 29/05/2015 – 28/11/2015 ]

City: Porto | Country: Portugal

### Licentiate Degree in Nursing

**Jean Piaget School of Health Sciences** [ 22/07/2009 ]

City: Vila Nova de Gaia | Country: Portugal | NQF Level: Classificação Final - 15 valores

### Licentiate Degree in Primary School Teacher

**Jean Piaget School of Education** [ 1998 – 2002 ]

City: Vila Nova de Gaia | Country: Portugal

## ADDITIONAL SKILLS

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[ 26/05/2022 – 29/05/2022 ]

**Portuguese Emergency Medical Team (PT EMT)**

[ 12/2021 – Current ]

**Clinical Supervision in Nursing**

Clinical Teaching Supervisor for the Postgraduate Specialization Course in Medical-Surgical Nursing.

[ 21/03/2019 – 23/03/2019 ]

**Medical Response to Major Incidents**

[ 08/03/2017 – 09/03/2017 ]

**ITLS – International Trauma Life Support**

[ 2017 ]

**Practitioner Course in NLP at the International Institute of Neurolinguistic Programming**

[ 19/02/2013 ]

## ADDITIONAL TRAINING, CONFERENCES AND SEMINARS

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### Additional Training

- Crew Resource Management: Crisis Management in Health Care - Advanced Healthcare Education (AHED) - Portugal
- Digital Transformation Award 2023 Nomination; Project LinkToLife - Association for the Promotion and Development of the Information Society (APDSI) - Portugal
- Study visit 2023 Denmark Health Care System - NOVA National School of Public Health - Portugal
- Lean - Lean Academy - Portugal
- Lean Healthcare - Lean Health Portugal - Portugal

### Conferences and seminars

- Future Public Health Summit 2023 - NOVA National School of Public Health - Portugal
- National Health System Webinar - Portuguese Association for Hospital Development (APDH)
- Future Public Health Summit 2024 - NOVA National School of Public Health - Portugal
- **47th IHF World Hospital Congress - Presenting Scientific Poster on "Impact of an Intervention to Reduce the Carbon Footprint and Processing Expenses of Endoscopic Waste" - Rio de Janeiro - Brasil**

## PUBLICATIONS

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[2022]

### [Crew Resource Management: Non Technical Skills for pre-hospital health care professionals](#)

Dias M, Marques M, Goes M Revista Ibero- Americana de Saúde e Envelhecimento (2022) 7(3)

[2019]

### [Effective Communication in Healthcare](#)

Dias M, LifeSaving (2019) 86

## LANGUAGE SKILLS

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**Mother tongue(s):** Portuguese

**Other language(s):**

**English**

**LISTENING B1 READING B2 WRITING B1**

**SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1**

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## COMMUNICATION AND INTERPERSONAL SKILLS

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### Social and communication skills

- Team spirit and ease in interpersonal relationships
- Good communication skills, solidarity, empathy, and a willingness to volunteer