

MOTIVATION LETTER

Dear Members of the Admissions Committee,

I am writing to express my strong interest in the ManagiDiTH program. With a background in physiotherapy in both clinical practice and digital health transformation, I am eager to contribute to and benefit from this innovative program that aims to help professionals to transforming healthcare.

My professional journey began in 2013 when I graduated with a degree in physiotherapy from the School of Health of the Polytechnic Institute of Setúbal. Over the years, I have specialized in respiratory conditions, initially focusing on neurological patients at the Southern Rehabilitation Medicine Center in Algarve. This early experience highlighted the critical intersection between neurological and cardiorespiratory health, prompting me to further specialize in respiratory physiotherapy through a postgraduate degree in 2018. This specialization was pivotal in shaping my career, as it deepened my understanding of the complexities of respiratory care and the importance of integrated treatment approaches.

The evolving challenges in public health, particularly those posed by respiratory diseases such as COPD and the post-COVID-19 condition, have driven my pursuit of advanced knowledge and innovative solutions. My master's degree in public health, completed in 2023, allowed me to explore the experiences of fatigue in individuals with post-COVID-19 conditions, culminating in a presentation at the III Meeting of Integrated Care at the Lisbon School of Medicine. This academic endeavor was complemented by practical applications, such as the RECoV-19 telerehabilitation project, which I planned and implemented at the School of Health of the Polytechnic Institute of Setúbal. This project was recognized with the 2nd place award in the 12th Edition of the Angelini University Awards.

My transition to the digital health sector as a business analyst at Axians further broadened my perspective. Working on telehealth and digital transformation projects, I gained valuable insights into how technology can bridge gaps in healthcare delivery, particularly by overcoming geographical barriers. This experience underscored the importance of user-centric solutions that truly meet the needs of patients and healthcare providers alike.

My primary career goal is to consolidate my expertise in digital health, specifically aiming to integrate and elevate the field of physiotherapy within this rapidly evolving landscape. I am committed to becoming a leading consultant in digital health solutions, where I can support and guide healthcare organizations in effectively managing and implementing these technologies. By doing so, I aim to ensure that digital solutions are seamlessly integrated into patient care, optimizing outcomes and enhancing the overall patient experience. This involves not only advancing my own knowledge and skills but also contributing to the broader healthcare community by developing innovative strategies that leverage digital tools to their fullest potential. Through these efforts, I aspire to play a pivotal role in shaping the future of healthcare, where technology and human touch work hand in hand to deliver superior, patient-centered care.

The ManagiDiTH program represents an ideal opportunity to merge my clinical expertise with my passion for digital health. I am particularly interested in exploring how digital tools can create more efficient healthcare environments, streamline patient care processes, and improve overall health outcomes. Additionally, I am keen to delve into the ethical and regulatory frameworks that are essential for the successful implementation of digital health initiatives. Ethical considerations and regulatory compliance are paramount in the healthcare sector. I am committed to upholding these principles while navigating the complexities of digital health innovations. Understanding and implementing robust regulatory frameworks will be crucial in ensuring the safety, privacy, and efficacy of digital health solutions.

In conclusion, I am excited about the opportunity to contribute to the ManagiDiTH program and to further my understanding of digital health transformation. I am confident that this program will equip me with the knowledge and skills needed to drive meaningful change in healthcare, ultimately enhancing patient care and health outcomes.

Thank you for considering my application. I look forward to the possibility of contributing to the ManagiDiTH program and advancing the field of digital healthcare.

Sincerely,
Renato Reis