



Maria Inês Mendes



europass

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● WORK EXPERIENCE

01/2017 – 31/12/2021

INTERNAL MEDICINE RESIDENCY – HOSPITAL BEATRIZ ÂNGELO

Lisboa, Portugal

02/2021 – 03/2021

MEDICAL COORDINATOR – LISBON CONTINGENCY HOSPITAL STRUCTURE - COVID-19

04/01/2016 – 30/12/2016

GENERAL MEDICINE YEAR – CENTRO HOSPITALAR LISBOA CENTRAL

Lisboa, Portugal

● EDUCATION AND TRAINING

01/05/2021 – 31/08/2021

INFECTIOUS DISEASE INTERNSHIP – Hospital Beatriz Ângelo

01/04/2021 – 30/04/2021

EMERGENCY ROOM INTERNSHIP – Hospital São João

01/10/2020 – 31/12/2020

CARDIOLOGY INTERNSHIP – Hospital Garcia da Orta

01/07/2020 – 30/09/2020

HEMATOLOGY INTERNSHIP – Portuguese Institute of Oncology

01/07/2019 – 31/12/2019

INTENSIVE MEDICINE INTERNSHIP – Hospital Beatriz Ângelo

01/05/2019 – 30/06/2019

GERIATRICS INTERNSHIP – Hospital Beatriz Ângelo

01/10/2018 – 31/12/2018

NEUROLOGY INTERNSHIP – Hospital Beatriz Ângelo

15/02/2015 – 27/03/2015 – London, United Kingdom

MEDICAL ELECTIVE - ACUTE MEDICINE – Imperial College London at Chelsea and Westminster Hospital NHS Foundation Trust

04/08/2014 – 29/09/2014 – São Paulo, Brazil

INTERNATIONAL FEDERATION OF MEDICAL STUDENTS' ASSOCIATIONS (IFMSA) EXCHANGE – Hospital das Clínicas de Botucatu

Internal Medicine exchange

09/2012 – 02/2013 – Roma, Italy

ERASMUS – Università Cattolica del Sacro Cuore

10/2011 – 06/2013 – Lisboa, Portugal

RESEARCH – Faculdade de Medicina de Lisboa

Laboratory Investigation (11/2011-6/2013): «Semi-quantitative analysis of dopaminergic (D1 and D2) and serotonergic (5HT2c) receptors in Human Locus Ceruleus»
Neuroanatomy Service of Hospital de Santa Maria.

Clinical Investigation (10/2011 a 4/2012): «Acute Renal Injury in Abdominal Major Surgery»
Nephrology Service of Hospital de Santa Maria

2009 – 2015 – Lisboa, Portugal

MEDICAL STUDENT – Faculdade de Medicina da Universidade de Lisboa

● LANGUAGE SKILLS

Mother tongue(s): **PORTUGUÊS**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
INGLÊS	B2	B2	B2	B2	B1
ESPAÑHOL	B2	B2	B2	B2	B2
ITALIANO	A2	A2	A2	A2	A2
FRENCH	A1	A2	A1	A1	A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● PUBLICATIONS

Pulmonary Valve Endocarditis: Case Report

Portuguese Journal of Internal Medicine

http://casosclinicasonline.spmi.pt/artigos_consultar.php?id=2021221 – 2022

Inês Mendes, Sílvia Balhana, Rodolfo Gomes, Maria João Baptista, Ana Catarina Gomes e José Araújo

Gastrointestinal Kaposi's Sarcoma without cutaneous involvement

Galícia Clínica

2022

Inês Mendes, Maria João Baptista

Hampton's Hump

New England Journal of Medicine

<https://www.nejm.org/doi/full/10.1056/NEJMicm2109756> – 2021

Inês Mendes, Vasco Neves

Pumped-up: a severe case of lyme carditis

Portuguese Journal of Internal Medicine

http://casosclinicasonline.spmi.pt/artigos_consultar.php?id=2021175 – 2021

COVID-19 and cardiovascular disease: direct consequences and lines of investigation

Portuguese Journal of Internal Medicine

https://www.spmi.pt/revista/vol27/vol27_n3_2020_257_263.pdf – 2020

COVID-19 and cardiovascular disease indirect consequences and impact on the population

https://www.spmi.pt/revista/vol27/vol27_n4_2020_341_345.pdf – 2020

Yasmin Mamade, Inês Mendes, Sílvia Balhana, Carla Sofia Pereira, Mafalda Vasconcelos, Ana Patrícia Moreira, Francisco Araújo

The URICATH study: characterization of the use on indwelling urinary catheters among hospitalized older patients in the internal medicine departments of Portugal

European Geriatric Medicine

<https://pubmed.ncbi.nlm.nih.gov/32297257/> – 2020

Colaboration

Paulo Almeida, Sofia Duque, Ana Araújo, Andreia Vilas-Boas, António Novais, Heidi Gruner, João Gorjão Clara

Sepsis Early Warning Score (SEWS)

2020

Colaboration

A case of chronic alcoholism with multiple neurological complications

Hospital Beatriz Ângelo Journal

2017

João Godinho, Inês Mendes, Maria João Baptista, Nuno Inácio, José Vale, Francisco Pestana Araújo, José Lomelino Araújo

Acute kidney injury, long-term renal function and mortality in patients undergoing major abdominal surgery: a cohort analysis

Clinical Kidney Journal

<https://pubmed.ncbi.nlm.nih.gov/26985368/> – 2016

Joana Gameiro, Joana Briosa Neves, Natacha Rodrigues, Catarina Bekerman, Maria João Melo, Marta Pereira, Catarina Teixeira, Inês Mendes, Sofia Jorge, Rosário Rosa, José António Lopes

Syncope

Young Internist's Guide - Emergency
<https://www.spmi.pt/guia-do-jovem-internista/> – 2021
Book chapter.

Interstitial lung diseases

Young Internist's Guide - Ambulatory
<https://www.spmi.pt/guia-do-internista-na-consulta-externa/> – 2018
Book chapter.

● CONFERENCES AND SEMINARS

11/2021 – Portuguese Society of Internal Medicine
Update in Internal Medicine

09/2021
Intensive Course in Pain Medicine

25/07/2021 – 01/08/2021 – Harvard Medical School
44th Annual Intensive Review Of Internal Medicine

05/2021 – 06/2021 – European Federation Of Internal Medicine (EFIM), International Society Of Internal Medicine (ISIM)
6° McMaster International Review Course In Internal Medicine (MIRCIM)

06/2020 – 07/2020 – Infectious Disease Service - Hospital Curry Cabral
11th Postgraduate Course in Tuberculosis

09/2019 – 12/2019 – Infectious Disease Service - Hospital Curry Cabral
14th Postgraduate Course in Infectious Diseases

03/2019 – REANIMA
Basic Ultrasound Course in the Critically Ill (Winfocus)

11/2018 – Hospital da Luz
10th Antibiotherapy Course

11/2018 – European Resuscitation Council (ERC)
Advanced Life Support (ALS)

06/2018 – Portuguese Society of Internal Medicine
9th Geriatrics Course

01/2018 – Hospital da Luz
5th NIV Course in Respiratory Failure

12/2017 – Portuguese Society of Cardiology
Advanced Life Support in Heart Failure

09/2017 – Hospital CUF Infante Santo
Practical Course on Eco-Guided Vascular Access

09/2017 – Figueira da Foz
Summer Autoimmunity School

06/2017 – Hospital da Luz
TEAM Course on Oral Anticoagulation

06/2017 – Hospital Beatriz Ângelo
6th Urgent Care Course: module 4: Sepsis, septic shock and antibiotic therapy

03/2017 – Hospital da Luz
Basic Palliative Care Course

● **VOLUNTEERING**

Volunteering

International

Gastagus (1-31Aug 2014): Internacional volunteering in Kandumbo, Benguela, -Angola.

Teaching maths, portuguese, english and data processing to children; developing recreational activities with the children; teaching nurses in health subjects; teaching women about pregnancy and pre and post natal care. Meetings with the local youth group to discuss health, motivation and leadership and human rights.

National

Gastagus (Sep 2013/Aug 2014): Six months tutoring children from Bairro Padre Cruz school.

Weekly meetings, including training in the area of volunteering, human rights and activism. Fund raising activities, including sales and event planning. Six team-building weekends

Voluntary Work | *Associação dos Amigos do Hospital de Santa Maria (2011)*

Voluntary work | *VIII e IX editions of Hospital dos Pequenos*

Hypertension Screening | *Voluntary association MOVE-TE*

● **CERTIFICATIONS**

Certifications

First Certificate of English (FCE) - British Council

Diploma Español Lingua Extranjera (DELE), Nivel B2

7th grade in Piano and Music Theory