



## Mafalda Mourisco

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### WORK EXPERIENCE

#### Intensive Care Medicine consultant

**Freelancer** [ 09/05/2024 – Current ]

**City:** Porto | **Country:** Portugal

- Adult patients management in critical care: medical, surgical (emergent and elective), trauma
  - Techniques and procedures in critical care: central venous lines, arterial lines, dialysis lines, advanced airway management, flexible bronchoscopy, percutaneous tracheostomy
  - Respiratory failure management: invasive and non-invasive mechanical ventilation
  - Hemodynamic monitoring and management
  - Cardiovascular emergencies: acute coronary syndrome, arrhythmias, acute pulmonary edema, hypertensive emergencies
  - Neurologic emergencies: stroke, seizures
  - Acute kidney injury: renal replacement therapy
  - Gastrointestinal complications: gastrointestinal bleeding, pancreatitis, acute abdomen (bleeding, ischemia, perforation)
  - Nutritional support in critically ill patients
  - Sepsis and septic shock management
  - Use of bedside ultrasound in critical care
  - Ethical and end-of-life issues in critical care
  - ICU quality improvement initiatives
  - Psychosocial support for patients and families in the Intensive Care Unit
- Acute care in the Resuscitation Room
  - Airway emergencies
  - Respiratory emergencies
  - Cardiovascular emergencies
  - Neurological emergencies
- Outreach activity in the hospital wards in case of acute or impending organ failure
- Intra-hospital emergency team doctor
- Intensive Care Medicine follow-up clinic
- Basic and advanced adult life support
- Transportation of critically ill patients
- Sedation of critically ill patients for procedures

#### Intensive Care Medicine resident doctor

**Unidade Local de Saúde de Entre o Douro e Vouga, Santa Maria da Feira, Portugal** [ 01/01/2019 – 09/05/2024 ]

**City:** Santa Maria da Feira | **Country:** Portugal

Training programme included:

- 12 months' internship in Internal Medicine (Internal Medicine Department at Unidade Local de Saúde de Entre o Douro e Vouga, Santa Maria da Feira, Portugal)
- 6 months' internship in Anesthesiology (Anesthesiology Department at Unidade Local de Saúde de Entre o Douro e Vouga, Santa Maria da Feira, Portugal)
- 33 months' internship in Intensive Care Medicine
  - 8 months on a ECMO dedicated Intensive Care Unit (Intensive Care Medicine Department at Centro Hospitalar e Universitário de São João, Porto, Portugal)

- 4 months on a trauma dedicated Intensive Care Unit (Intensive Care Medicine Department at Centro Hospitalar e Universitário de São João, Porto, Portugal)
- 3 months on a neurocritical care dedicated Intensive Care Unit (Intensive Care Medicine Department at Centro Hospitalar e Universitário de São João, Porto, Portugal)
- 18 months on a medical-surgical Intensive Care Unit (Intensive Care Medicine Department at Unidade Local de Saúde de Entre o Douro e Vouga, Santa Maria da Feira, Portugal)
- 3 months' internship in Echocardiography (Cardiology Department at Unidade Local de Saúde de Gaia e Espinho, Vila Nova de Gaia, Portugal)
- 2 months' internship in Bronchofibroscopy (Pneumology Department at Instituto Português Oncologia do Porto, Porto, Portugal)
- 2 months' internship in trauma (Intensive Care Medicine Department at King's College Hospital, London, United Kingdom)
- 2 months' internship in ultrasound at the bedside of the critically ill patient (Anesthésie-Réanimation & Médecine Périopératoire Service, Hôpital Européen Georges Pompidou, Paris, France)

## General residency doctor

**Unidade Local de Saúde do Alto Minho, Viana do Castelo, Portugal** [ 01/01/2018 – 31/12/2018 ]

City: Viana do Castelo | Country: Portugal

Internships:

- Optional internship in Intensive Care Medicine (1 month) - Intensive Care Medicine Department, Unidade Local de Saúde do Alto Minho, Viana do Castelo, Portugal
- Optional internship in Cardiac Surgery (1 month) - Cardiothoracic Surgery Department, Centro Hospitalar e Universitário de São João, Porto, Portugal
- Mandatory internships: Pediatrics (2 months), General Surgery (2 months), General/Family Medicine (3 months), Internal Medicine (3 months).

## EDUCATION AND TRAINING

### Master's Degree in Medicine

**Faculdade de Medicina da Universidade do Porto, Porto, Portugal** [ 01/09/2011 – 31/07/2017 ]

City: Porto | Country: Portugal | Website: [https://sigarra.up.pt/fmup/pt/web\\_page.inicial](https://sigarra.up.pt/fmup/pt/web_page.inicial) | Level in EQF: EQF level 8

## LANGUAGE SKILLS

**Mother tongue(s):** Portuguese

**Other language(s):**

**English**

**LISTENING C1 READING C1 WRITING C1**

**SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1**

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*