



Maria Francisca Carvalhas da Motta Ferreira

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ABOUT ME

Graduated in Sociology and with a master's degree in Public Policy from Iscte-IUL in Lisbon. Within my professional career, I highlight my involvement in research projects, two years at a NGO that promotes Equality and Non-Discrimination, and a year and a half of consultancy and training as part of the +IgualViseuDãoLafões project, providing technical support in planning and implementation of Municipal Plans for Equality.

I have special interest in the fields of development and cohesion, planning and evaluation of public policy, project management, strategic planning, and related areas. I'm enthusiastic and motivated to add value to new ideas and projects.

WORK EXPERIENCE

[08/2024] **Municipal Council of Estarreja**

Member of the "Radar Social" project' team.

[10/2023 – 08/2024] **Vouzela Professional School**

Officer

Support for the pedagogical and financial directorates, students and the Erasmus+ programme;
Prospecting for funding to prepare projects for calls.

[01/2022 – Current] **Freelance Consultant**

- Consultancy and training as part of the +IgualViseuDãoLafões project of the Viseu Dão Lafões Intermunicipal Community (POISE, PT2020): Technical support for diagnosing, drawing up and monitoring the implementation of Municipal Plans for Equality and Non-Discrimination (01/2022 - 07/2023);
- Consultancy and data analysis in the context of Municipal Migration Plans (05/2024 - current)-

[08/2019 – 04/2022] **UMAR - União de Mulheres Alternativa e Resposta**

City: Lisboa | **Country:** Portugal

- Managing and coordinating responsibilities in professional training (management of 3 Strategic Public Training projects - 17 training actions);
- Training for professionals in Gender, Equality and Citizenship;
- Preparation of applications for national and international funding, of which the "Living in Equality" (Healthy Neighbourhoods) and "Free Choices" (EEAGrants - CIG) projects were approved.
- Support in the analysis of municipal plans and public policies in the area of equality and social rights;
- Planning and implementation activities and responsibilities for the "Living in Equality" project (Healthy Neighbourhoods);
- Professional Traineeship (12/2019 - 08/2020) - duties mainly in the professional training department.

Research

Country: Portugal

- ONVG - National Observatory on Violence and Gender: Carrying out interview surveys on seven islands in the Azores archipelago as part of the 2nd Gender Violence Survey - Autonomous Region of the Azores project (05/2019 - 08/2019);
- Research Assistant in the Comperlit project - Medicines and food supplements in performance consumption (11/2018 - 02/2019);
- Research Fellow at the Polytechnic Institute of Viseu (02/2018 - 06/2018);

Traineeships

City: Lisboa | **Country:** Portugal

- Working experience in the volunteering core of the Lisbon Municipal Council, namely participation in the diagnosis and planning of local volunteering, as well as monitoring ongoing volunteering projects within the Lisbon European Capital of Volunteering event. (03/2015 - 06/2015)
- Traineeship in the UPWEB research project - UPWEB -Understanding the Practice and Developing the Concept of Welfare Bricolage (CIES-IUL, 11/2016- 02/2017).

EDUCATION AND TRAINING

[2022]

Public Policy Evaluation Methods - Curricular Unit

Iscte-IUL

City: Lisboa | **Country:** Portugal | | **Final grade:** 16

[06/2021]

First Year of the Doctoral Programme in Gender Studies

ISCSP-UL, FCSH-UNL, FD-UNL

City: Lisboa | **Country:** Portugal | | **Final grade:** 16

[09/2015 – 11/2017]

Master Degree in Public Policy

Iscte-IUL

City: Lisboa | **Country:** Portugal | | **Final grade:** 16

[09/2012 – 06/2015]

Bachelor Degree in Sociology

Iscte-IUL

City: Lisboa | **Country:** Portugal | | **Final grade:** 14

LANGUAGES

Languages

Portuguese (mother tongue); English (level B2 - Cambridge Certificate); French (level A2)

DIGITAL SKILLS

My Digital Skills

Redes Sociais | Usuário do Sistema de Informação e Gestão da Oferta Educativa e Formativa (SIGO) | Balcão2020 | Plataformas de Ensino à Distância: Moodle, Teams, etc. | Plataforma FénixEdu | Microsoft Office | E-learning

PUBLICATIONS

Publications

Paper in the context of the Proceedings of the X PORTUGUESE CONGRESS OF SOCIOLOGY: In the Age of "Post-Truth"? Public sphere, citizenship and quality of democracy in contemporary Portugal (2018);

NETWORKS AND MEMBERSHIPS

[Current]

Memberships

"Mata Sustentável" Association (2022-present);

APS - Associação Portuguesa de Sociologia (2013 - 2018);

AEISCTE - Iscte Students' Association (2014-2016);

SKILLS

Technical and professional

Training project management, management tools, knowledge of data analysis and in methods and techniques for public policy assessment; research, analysis and critical thinking.

Behavioural, personal and social

Proactivity, autonomy, teamwork, organisation and planning, interpersonal relationships and communication.

VOLUNTEERING

Volunteering

"Mata Sustentável" Association - Support in carrying out outdoors activities for children - (2022 and 2023);

XV Vouzela Book Fair - Support in preparation and organisation (2017);

Department of Educational Policy and Citizenship at AEISCTE-IUL - Collaborator and vice-coordinator (2014 - 2016);

Jeunesse en Action - Participation in two European exchanges between France, Portugal and Romania (Erasmus+, 2007 and 2008).

PRESENTATIONS

Presentations

Public presentations of Municipal Plans for Equality and Non-Discrimination (Viseu Dão Lafões, 2022);

Oral Communication at the X Portuguese Congress of Sociology (Covilhã, 2018).

CERTIFICATIONS

Certifications

- Excel - 8h (Santander Open Academy, 2024);
- Cambridge Assessment English - Certificate Level B2 (175 overall score) Council of Europe (2022);
- Domestic Violence Risk Assessment and Management - 30h (Questão de Igualdade - Associação para a Inovação Social, 2021);
- Training of qualified agents who work in the field of Domestic Violence and/or its prevention or revictimization - Victim Support Officer - 90h (Instituto CRIAP, 2021);
- Violence Against Women and Domestic Violence - 12h (HELP Council of Europe);
- Professional training of qualified agents who work in the field of Prevention, Awareness and Combat to harmful traditional practices, in particular, to FGM - 18h (Questão de Igualdade - Associação para a Inovação Social, 2021);
- Initial Pedagogical Training for Trainers - 90h (RFA Academy, 2021);
- Specialization in Training Management and Coordination - 200h (RFA Academy, 2020);
- Inclusive Communication - The State's Obligations in Promoting Equality between Men and Women - 3h30 (JurisAPP/CIG 2019).