



## Mafalda Ferro Teixeira

**Nationality:** Portuguese **Date of birth:** 07/01/1993 **Gender:** Female

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### ABOUT ME

Internal Medicine Specialist with almost a decade of experience in the Portuguese National Health System and an MBA student passionate about leveraging technology to transform healthcare delivery. My critical thinking skills and clinical expertise, honed through years of patient care, enable me to identify opportunities for innovation and contribute to a more efficient and effective healthcare system.

### WORK EXPERIENCE

#### Internal Medicine Specialist

**Hospital da Luz Lisboa** [ 01/01/2022 – Current ]

City: Lisboa | Country: Portugal

Internal Medicine Specialist at Atendimento Médico Permanente (AMP), working both as part of the team of the Emergency Observation Unit and as Medical Coordinator of the Urgent Care Unit.

#### Internal Medicine Specialist

**Hospital Professor Doutor Fernando Fonseca** [ 01/01/2023 – 22/12/2023 ]

City: Lisboa | Country: Portugal

Internal Medicine Specialist at Medicine IV Department

#### Internal Medicine Resident

**Hospital Professor Doutor Fernando Fonseca** [ 01/01/2018 – 31/12/2022 ]

City: Lisboa | Country: Portugal

Internal Medicine Residency at Medicine IV Department where I specialized in Internal Medicine with a special focus on autoimmune diseases and intermediate care units. Participated in several national and international medical congresses and made over 20 public presentations.

#### Clinical Pathways Developer

**Dioscope** [ 01/01/2021 – 31/12/2022 ]

City: Lisboa | Country: Portugal

Developer of clinical pathways for a portuguese medical education platform that provides knowledge solutions to empower current and future healthcare providers throughout their medical careers.

#### General practitioner

**Hospital Professor Doutor Fernando Fonseca** [ 01/01/2017 – 31/12/2017 ]

City: Lisboa | Country: Portugal

Foundation year

## EDUCATION AND TRAINING

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### The Lisbon MBA International

*Nova School of Business & Economics and Católica Lisbon School of Business & Economics* [ 01/01/2024 – Current ]

City: Lisboa | Country: Portugal | Website: <https://thelisonmba.com> | Level in EQF: EQF level 7

### MIT Sloan Summer Immersion Certificate

*Massachusetts Institute of Technology* [ 01/06/2024 – 30/06/2024 ]

City: Boston | Country: United States

### Internal Medicine Residency

*Hospital Professor Doutor Fernando Fonseca* [ 01/01/2018 – 31/12/2022 ]

City: Lisboa | Country: Portugal | Website: <https://hff.min-saude.pt> | Field(s) of study: Health and welfare:  
• Medicine | Final grade: 19,87 | Level in EQF: EQF level 8

### Healthcare Management Executive Education - Young Medical Leaders Program

*Católica Lisbon School of Business & Economics* [ 30/05/2017 – 07/07/2017 ]

City: Lisboa | Country: Portugal | Website: <https://www.clsbe.lisboa.ucp.pt>

### Medical Doctor Degree

*Lisbon School of Medicine, University of Lisbon* [ 01/09/2010 – 30/06/2016 ]

Address: Avenida Professor Egas Moniz, 1649-028 Lisboa | Website: <https://www.medicina.ulisboa.pt/en/welcome-lisbon-school-medicine> | Field(s) of study: Health and welfare: • Medicine | Final grade: 17 | Level in EQF: EQF level 7 | NQF Level: 7 | Thesis: Assessment of Quality of Life at 3-5 Years in Children with Perinatal Hypoxic-Ischemic Encephalopathy

### Erasmus exchange program (academic work)

*Hospital Clínic Barcelona* [ 01/09/2013 – 31/01/2014 ]

City: Barcelona | Country: Spain | Website: <https://www.clinicbarcelona.org/en>

### Erasmus exchange program (clinical placement)

*Chelsea and Westminster Hospital* [ 01/09/2015 – 31/12/2015 ]

City: London | Country: United Kingdom | Website: <https://www.chelwest.nhs.uk>

## LANGUAGE SKILLS

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Mother tongue(s): Portuguese

Other language(s):

#### English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

#### Spanish

LISTENING C1 READING C1 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## PUBLICATIONS

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[2022]

**[When a Histologic Diagnosis Becomes Factitious: A Case of Munchausen Syndrome](#)** doi: 10.7759/ cureus.28876

Teixeira M, Santos P, Bastos Furtado A, Delgado Alves J. Cureus. 2022 Sep 7;14(9): e28876.

Link: <https://pubmed.ncbi.nlm.nih.gov/36225520/>

[2022]

**[Morbimortality and Six-Month Survival Among Elderly Patients Treated with Noninvasive Mechanical Ventilation in an Intermediate Care Unit: A Retrospective Evaluation](#)** doi: 10.7759/ cureus.32013

Teixeira M, Lopes M, Batista F, Furtado A, Delgado Alves J. Cureus. 2022 Nov 29;14(11): e32013.

Link: <https://pubmed.ncbi.nlm.nih.gov/36589191/>

[2023]

**[Proposal of a Training Plan in Internal Medicine of the Service of Medicine IV of the Hospital Prof. Doutor Fernando Fonseca](#)** doi: 10.24950/rspmi.1089






Teixeira M et al. Revista da Sociedade Portuguesa de Medicina Interna. 2023 Jan 30;1 (49-54).

Link: [https://www.researchgate.net/publication/](https://www.researchgate.net/publication/372687065)

[372687065 Proposal of a Training Plan in Internal Medicine of the Service of Medicine IV of the Hospital Prof D outor Fernando Fonseca](#)

## DIGITAL SKILLS

### Digital Skills - Test Results

	Information and data literacy	<b>ADVANCED</b>	Level 6 / 6
	Communication and collaboration	<b>ADVANCED</b>	Level 6 / 6
	Digital content creation	<b>ADVANCED</b>	Level 6 / 6
	Safety	<b>FOUNDATION</b>	Level 1 / 6
	Problem solving	<b>ADVANCED</b>	Level 5 / 6

Results from [self-assessment](#) based on [The Digital Competence Framework 2.1](#)

### My Digital Skills

Microsoft Office package: Microsoft Word, Excel, PowerPoint, Access / Canvas, Wix and Prezi / Online collaboration tools (Miro, Trello, Asana, Zoom, Teams etc.) / Communication (Skype Zoom TeamViewer)