



**Nabina Kunwar**

**Date of birth:** 17/01/1987

**Nationality:** Finnish

## CONTACT

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**europass**

## WORK EXPERIENCE

**22/07/2023 – CURRENT** Helsinki, Finland

**Specialist nurse** Malmi Sisätautien Poliklinikka

**07/12/2022 – 25/10/2023** Helsinki, Finland

**Specialist nurse** Meilahti Bridge Hospital

**04/07/2022 – 06/12/2022** Helsinki, Finland

**Specialist nurse** Meilahti Tower Hospital

**26/05/2014 – 14/10/2022** Vantaa, Finland

**Nurse responsible for general care** Katriina Hospital

**03/03/2014 – 04/04/2015** Vantaa, Finland

**Nurse responsible for general care** Seure Henkilöstöpalvelut Oy

**07/12/2012 – 01/09/2013** Helsinki, Finland

**Nurse assistant** Laakso Hospital

**29/11/2011 – 12/12/2011** Espoo, Finland

**Nurse assistant** Viherkoti Espoo

**25/10/2011 – 31/07/2012** Kirkkonummi, Finland

**Nurse assistant** Volskoti Kirkkonummi

**29/10/2011 – 10/11/2011** Kirkkonummi, Finland

**Nurse assistant** Lehmuskartano Kirkkonummi

**08/02/2011 – 30/09/2011** Suonenjoki, Finland

**Nurse assistant** Suonenjoen kaupunki Vanhainkoti

**24/03/2010 – 22/08/2010** Suonenjoki, Finland

**Care at home worker** Hoitokoti Poppeli Oy

**20/03/2007 – 04/06/2009** Kathmandu, Nepal

**Nurse responsible for general care** Shahid Gangalal National Heart Centre

## EDUCATION AND TRAINING

**14/09/2017 – 02/12/2020** Vantaa, Finland

**Master's in Healthcare** Laurea University of Applied Sciences

Website [www.laurea.fi](http://www.laurea.fi) | Level in EQF EQF level 7

**23/08/2012 – 31/12/2013** Helsinki, Finland

**Bachelor's in Healthcare** Arcada University of Applied Sciences

Website [www.arcada.fi](http://www.arcada.fi) | Level in EQF EQF level 6

**01/01/2002 – 23/12/2005** Chitwan , Nepal

**Diploma In Nursing** College of Medical Sciences

Website [www.cmsnepal.edu.np](http://www.cmsnepal.edu.np) | Level in EQF EQF level 5

## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Nepali

**Other language(s):**

**Finnish**

**Listening** B2

**Spoken production** B2

**Reading** B2

**Spoken interaction** B2

**Writing** B2

**English**

**Listening** C1

**Spoken production** C1

**Reading** C1

**Spoken interaction** C1

**Writing** C1

**Hindi**

**Listening** B2

**Spoken production** B2

**Reading** B2

**Spoken interaction** B2

**Writing** B2

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## DIGITAL SKILLS

Microsoft Office | Microsoft Word | Microsoft Excel | Microsoft Powerpoint | Zoom | TEAM | Apotti | Effica patient information system, Hilkka and LifeCare. Basic IT skills | Graafisen Finstar  
| Pegasos | MacOS | Windows | Android | Linux