

Mariana Rocha

Date of Birth: 2002

+ Cascais - Alcabideche



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marianaruchedo@gmail.com

Skills

- Communicative
- Humble
- Organized
- Observer
- Dedicated

Language

Portuguese: Native

English: Intermediate

Spanish: Basic

Hobby

- Reading
- Dance
- Listen to Music

Goal

My goal is to develop myself professionally and personally and reconcile it with academic activity.

I am strongly motivated and aware of the responsibility.

Education

2021-present	Higher Education Nursing Student at the Portuguese Red Cross School of Health.
2020-2021	Secondary School student at <i>Externato Marquês de Pombal</i> .
2017-2018 Communication and Personal Development Course, Lisbon	This course consisted of working on intrapersonal and interpersonal communication. Understand the basic needs of image and behaviour towards others.

PROFESSIONAL EXPERIENCE

2022-2024 CUF Hospital, Cascais	Administrative – Responsible for admission of users and billing of consultations.
2021-2022 Sona MC-Continente, Cascaishopping	Cashier.
2017-present, Condominium Maintenance (Needs Verification and Cleaning)	Condominium Management - My role is to check the existence of condominium needs, contact the condominiums and listen to their complaints, analyse the maintenance status, as well as once a week, clean the building.
2018-2022 Volunteer catechist, Parish of Alcabideche	Assistant Educator - Caring for and motivating the children present in catechesis and ensuring that they maintain appropriate behaviour, catechesis classes and also help to carry out events related to the parish.
2019-2019, professional volunteer (Cascais)	Volunteering - It consisted of communicating with tourists of various nationalities in order to clarify doubts and raise awareness to maintain health care and hygiene on the beaches as well as participate in their cleaning.