



# Omobolanle Joy Mefful

**Date of birth:** 19/03/1984 | **Nationality:** German | **Gender:** Female | **Email address:** [preciousjoyde@yahoo.com](mailto:preciousjoyde@yahoo.com) | **Address:** Gerckensplatz 12a, 22339, Hamburg, Germany (Home)

## ● ABOUT ME

I am a medical doctor living in Germany with over five years of work experience in the healthcare sector. I have worked in various departments of anaesthesiology, intensive medicine, and pain medicine. Recently, I have been working in the healthcare sector focusing on preventive medicine, specifically in the department of occupational and environmental medicine. I am also very passionate about the benefits of digital health and various health information technology innovations in improving patient outcomes.

## ● EDUCATION AND TRAINING

02/10/2005 – 15/07/2013 Germany  
**FIRST PROFESSIONAL DEGREE IN MEDICINE (DOCTOR OF MEDICINE)** RWTH Aachen University

**Level in EQF** EQF level 8

## ● WORK EXPERIENCE

01/08/2023 – CURRENT Hamburg, Germany  
**RESIDENT PHYSICIAN** DEPARTMENT OF OCCUPATIONAL MEDICINE AT THE CITY OF HAMBURG GOVERNMENT.

- pre-employment medical examinations
- biological monitoring and periodical examinations
- coaching employers and employees about ergonomics at the work place
- rehabilitating workers who have been injured in work accidents or have become ill due to various occupational diseases.

01/10/2021 – 30/06/2023 Rendsburg, Germany  
**RESIDENT PHYSICIAN** DEPARTMENT OF OCCUPATIONAL MEDICINE AT IMLAND CLINIC RENDSBURG

- Early recognition of risk factors; prevention of occupational diseases;
- Promotion of health and occupational health education
- preemployment evaluation of worker's health, as well as periodical evaluations;
- Medical supervision of workers influenced by risk-factors; Evaluation of worker's work-potential;
- Rehabilitation of workers that contracted occupational disease or injury;
- Environmental health; evaluation of the work environment.

01/02/2016 – 30/09/2021 Kiel, Germany  
**RESIDENT PHYSICIAN** DEPARTMENT OF ANAESTHESIOLOGY AND INTENSIVE MEDICINE AT THE UNIVERSITY TEACHING HOSPITAL KIEL

- registering anaesthesia during surgery.
- perioperative patient care; perioperative patient evaluation
- pain management
- Provide overall leadership in patient safety and quality care

01/08/2014 – 31/12/2015 Dortmund, Germany  
**RESIDENT PHYSICIAN** DEPARTMENT OF ANAESTHESIOLOGY AND INTENSIVE MEDICINE AT KLINIKUM DORTMUND

- registering anaesthesia during surgery.
- perioperative patient care; perioperative patient evaluation
- pain management
- Provide overall leadership in patient safety and quality care

- Managed critically ill patients who already have or had the risk of organ dysfunction and organ failure-
- investigation, diagnosis, and treatment of acutely ill patients.
- supported patients and treated a wide range of critical conditions -
- learned practical skills and performed procedures to help monitor and manage patients.
  - practiced excellent communication skills to manage a wide range of relationships with colleagues, patients and their families
  - developed emotional resilience, a calm temperament, and the ability to work well under pressure
  - teamwork and the capacity to lead multidisciplinary teams
  - inquisitive mind and excellent problem-solving and diagnostic skills
  - organisational ability, effective decision-making skills, first-class time management and learned how to use available resources to benefit my patients

## ● **COMMUNICATION AND INTERPERSONAL SKILLS**

### **Confident and assertive demeanor**

Empathy  
Emotional intelligence  
Leadership qualities  
Good conflict management  
Ability to communicate effectively  
Good time management  
Resilient, eager to learn, and helpful  
Team-oriented and solution-focused  
Great problem-solving skills  
Respectful interaction with all people  
Negotiation skills and organizational talent

## ● **DIGITAL SKILLS**

Microsoft Word | Microsoft Excel | Google Drive | Microsoft Powerpoint | Outlook

## ● **LANGUAGE SKILLS**

Mother tongue(s): **ENGLISH**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>GERMAN</b>	C2	C2	C2	C2	C2

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## ● **HOBBIES AND INTERESTS**

Singing, Dancing , Sport, Art

## ● **PROJECTS**

CURRENT

**Ongoing Doctorate Project**

The benefits, usage, and acceptance of digital health applications amongst german medical practitioners.

## ● **MCKINSEY FORWARD PROGRAM ALUMNI**

01/10/2024 – 10/12/2024

**Core Competence Skills**

- developed new ways of thinking
- expanded my skills set
- developed practical skills to succeed in the future of work.
- adaptability, effective communication, relationship building, problem-solving, and how to navigate a modern digital world.

## ● **HEATH TECHNOLOGY ENTHUSIAST**

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### **Increasing interest in advancing healthcare with innovations in technology**

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hoping to be at the forefront with professionals involved in the digital transformation of the healthcare sector, improving patients outcomes with the advancement of telemedicine and the implementation of artificial intelligence in the healthcare sector.