



# Bernardo Gomes

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## ● WORK EXPERIENCE

23/08/2017 – CURRENT

**PRP MANAGER** INTERNATIONAL COMMITTEE OF THE RED CROSS (ICRC)

I served as a Prosthetist/Orthotist and Manager of the Physical Rehabilitation Programme (PRP) in Cambodia, Myanmar, DRC, Guinea-Bissau, Niger and Nigeria.

My tasks included:

- Development of the physical rehabilitation services provision in areas affected by conflict;
- Management of human resources, work organization, reporting and budgeting;
- Ensure the implementation of international technical standards;
- Represent the organization and promote sustainability through capacity building;

**Link** [https://www.dropbox.com/scl/fi/xxuyhec02o5y14bokl8at/2024\\_Attestation-of-Employment-Bernardo-GOMES2.pdf?rlkey=ebpjw6s9sx37t6zx1nzn3mct2&st=u9hoyngt&dl=0](https://www.dropbox.com/scl/fi/xxuyhec02o5y14bokl8at/2024_Attestation-of-Employment-Bernardo-GOMES2.pdf?rlkey=ebpjw6s9sx37t6zx1nzn3mct2&st=u9hoyngt&dl=0)

12/01/2012 – 17/08/2017 Leiria, Portugal

**TECHNICAL DIRECTOR** GAMEIROS MATERIAL CLINICO, LDA

- Evaluate and treat patients;
- Manufacture and apply medical devices (prosthetics/orthotics);
- Prepare and present strategies for core strategic decisions;
- Technical supervision and training of clinical and commercial staff;

Complementary training

- [Immobilization Orthosis](#)
- [Use of polyurethane in orthopedics](#)
- [ORFIT- Train the trainer](#)

**Link** [https://www.dropbox.com/scl/fi/8t6l7fnvbnwhx8t6vox55/2016\\_Gameiros-Work-Certificate\\_Bernardo-Gomes.pdf?rlkey=ilfycl3w6uj6wymj2x9bw21m8&st=hyny0bkh&dl=0](https://www.dropbox.com/scl/fi/8t6l7fnvbnwhx8t6vox55/2016_Gameiros-Work-Certificate_Bernardo-Gomes.pdf?rlkey=ilfycl3w6uj6wymj2x9bw21m8&st=hyny0bkh&dl=0)

## ● EDUCATION AND TRAINING

15/10/2012 – 05/05/2015 Leiria, Portugal

**MASTER'S DEGREE** Escola Superior de Tecnologias da Gestao

[Master's Diploma MFE](#)

**Website** [www.ipleiria.pt](http://www.ipleiria.pt) | **Level in EQF** EQF level 7

15/09/2007 – 15/07/2011 Lisboa, Portugal

**BACHELOR'S DEGREE** Escola Superior de Tecnologias da Saude

[Bachelor's Diploma](#)

**Website** [www.estesl.ipl.pt](http://www.estesl.ipl.pt) | **Level in EQF** EQF level 6

03/2021 – 10/2022 Lucerne, Switzerland

**CERTIFICATE OF ADVANCED STUDIES\_ HUMANITARIAN LEADERSHIP AND MANAGEMENT** University of Lucerne

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[HLMS Certificate](#)

**Website** <https://www.unilu.ch/en/further-education/faculty-of-economics-and-management/mas-in-humanitarian-leadership/overview/#tab=c170849>

05/2019 – 05/2019

**GLOBAL HEALTH AND HUMANITARIANISM** The University of Manchester

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[Certificate](#)

**Website** <https://www.hcri.manchester.ac.uk/study/courses/online-courses/global-health-and-humanitarianism-mooc/>

05/2018 – 05/2018

**HUMANITARIAN RESPONSE TO CONFLICT AND DISASTER** Harvard University

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[Certificate](#)

**Website** <https://pll.harvard.edu/course/humanitarian-response-conflict-and-disaster>

2016 – 2017 Lisbon, Portugal

**POST GRADUATION** Universidade Católica Portuguesa

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[Certificate UCP](#)

**Website** <https://www.ucp.pt/pt-pt/homepage-pt> | **Level in EQF** EQF level 5

## ● **PROJECTS**

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01/2024 – 12/2024

**Performance and Compliance with International Standards of Practice in Physical Rehabilitation Services in Low-income Areas**

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Lead researcher on a study assessing Physical Rehabilitation facilities in five different low-income countries in Africa.

03/2022 – 12/2023

**Adaptability of All-Terrain Wheelchairs in Sandy Environments**

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Research team member on a project assessing standard all-terrain wheelchairs in sandy environments in Niger, West Africa. The study lead to a production of a new prototype built from local available materials.

06/2022 – 10/2023

**Exploring the usability (effectiveness, efficiency and satisfaction/acceptability) of therapeutic footwear for preventing foot ulcers**

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Research team member on a project studying the usability and effectiveness of therapeutic shoes (also called preventive shoes) in Benin, the Occupied Palestinian Territories, Syria and Niger.

## ● **VOLUNTEERING**

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11/11/2024 – 15/11/2024 Nairobi, Kenya

**Clinical Prosthetist/Orthotist Trainer**

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SwissAbility mission in the [Kenya Medical Training College](#).

As a senior trainer I facilitated the continuous professional education of 33 healthcare professionals from all over Kenya and provided custom made orthopedic devices for 18 patients

**Link** [https://swiss-ability.org/wp-content/uploads/2024/11/Mission-Report-Kenya-Eng\\_compressed-1.pdf](https://swiss-ability.org/wp-content/uploads/2024/11/Mission-Report-Kenya-Eng_compressed-1.pdf)

22/04/2024 – 29/04/2024 Ziguinchor, Senegal

**Clinical Prosthetist/Orthotist Trainer**

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SwissAbility mission – together with local partner [ISAD \(Initiative Solidaire des Actions de Développement\)](#), formerly known as Association des victimes de mines) – to support the building, equipment and setting up of a new an orthopedic centre in Ziguinchor.

As a senior trainer I facilitated the continuous professional education of 19 healthcare professionals and provided custom made orthopedic devices for 16 patients.

**Link** [https://swiss-ability.org/wp-content/uploads/2024/05/Mission-Report-Senegal-2024-ITA\\_compressed.pdf](https://swiss-ability.org/wp-content/uploads/2024/05/Mission-Report-Senegal-2024-ITA_compressed.pdf)

07/08/2023 – 11/08/2023 Banjul, Gambia

### **Clinical Prosthetist/Orthotist trainer**

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SwissAbility mission in the Banjul Mobility Centre in The Gambia.

As a senior trainer I facilitated the continuous professional education of 21 healthcare professionals from 3 neighboring nations and provided custom made orthopedic devices for 15 patients

**Link** [https://swiss-ability.org/wp-content/uploads/2023/08/Mission-Report-Gambia-agosto-2023-ITA\\_compressed.pdf](https://swiss-ability.org/wp-content/uploads/2023/08/Mission-Report-Gambia-agosto-2023-ITA_compressed.pdf)

02/05/2021 – 07/05/2021 Freetown, Sierra Leone

### **Clinical Prosthetist/Orthotist trainer**

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SwissLimbs mission in the National Rehabilitation Center (NRC) in Freetown, Sierra Leone.

As a senior trainer I facilitated the continuous professional education of 15 healthcare professionals from 4 nationally based orthopaedic centres and provided custom made orthopedic devices for 15 patients

**Link** [https://www.swisslimbs.org/contents/files/Mission Report SierraLeone 2021\\_EN\\_final\\_compressed.pdf](https://www.swisslimbs.org/contents/files/Mission Report SierraLeone 2021_EN_final_compressed.pdf)

15/11/2021 – 19/11/2021 Bissau, Guinea-Bissau

### **Clinical Prosthetist/Orthotist Trainer**

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SwissLimbs mission in the Centro de Reabilitação Motora of Bissau, Guinea-Bissau.

As a senior trainer I facilitated the continuous professional education of 11 healthcare professionals and provided custom made orthopedic devices for 8 patients

**Link** [https://www.swisslimbs.org/contents/files/Mission Report Guinea-Bissau ENG\\_compressed.pdf](https://www.swisslimbs.org/contents/files/Mission Report Guinea-Bissau ENG_compressed.pdf)

09/2018 – 09/2018 Maputo, Mozambique

### **Clinical Prosthetist/Orthotist trainer**

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SwissLimbs mission in the Department of Rehabilitative Medicine in the Maputo hospital, in Mozambique.

As a senior trainer I facilitated the continuous professional education of 31 healthcare professionals from all 11 provinces of Mozambique and provided custom made orthopedic devices for 10 patients

**Link** <https://www.swisslimbs.org/contents/files/Mozambique Mission Report 2018-Co.pdf>

15/05/2017 – 27/05/2017 Gulu, Uganda

### **Clinical Prosthetist/Orthotist Trainer**

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SwissLimbs mission in the Orthopaedic Centre, at the Gulu Regional Hospital, Uganda.

As a senior trainer I facilitated the continuous professional education of 9 healthcare professionals and provided 14 custom made orthopedic devices for 12 patients

**Link** <https://www.swisslimbs.org/contents/files/Mission Report May 2017.pdf>

14/09/2016 – 24/09/2016 Gulu, Uganda

### **Clinical Prosthetist/Orthotist trainer**

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SwissLimbs mission in the Orthopaedic Centre, at the Gulu Regional Hospital, Uganda.

As a senior trainer I facilitated the continuous professional education of 6 healthcare professionals and provided custom made orthopedic devices for 13 patients

**Link** <https://www.swisslimbs.org/contents/files/Mission Report September 2016 .pdf>

01/05/2015 – 17/05/2015 Bissau, Guiné-Bissau

### **Humanitarian mission**

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Humanitarian mission composed by 13 vehicles (including 6 ambulances) riding from Portugal to Guinea-Bissau loaded with various school materials, hospital supplies, clothes and seeds to be donated to local organizations.

Link <https://alqueidao.com/2015/05/17/guine-bissau/>

## ● MANAGEMENT AND LEADERSHIP SKILLS

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### Fulbright Summer Institute for Outstanding European Students

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This Fulbright Foreign Student Program enables graduate students and community leader to develop their skills on Leadership and Entrepreneurship.

[Fulbright certificate](#)

Participant in the 2009 cohort that went to Bentley University (<https://www.bentley.edu/>) in Waltham, Massachusetts, USA

Link <https://foreign.fulbrightonline.org/about/foreign-student-program>

### United Nations Alliance of Civilizations - EF Summer School

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The UNAOC-EF Summer School 2014 took place in Tarrytown, New York, USA. A total of 100 youth from various backgrounds gathered there to build the skills needed for our interconnected world.

[UNAOC-EF Certificate](#)

Link <https://www.unaoc.org/event/unaoc-ef-summer-school-2/>

## ● LANGUAGE SKILLS

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Mother tongue(s): **PORTUGUESE**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	C2	C2	C2	C2	C2
<b>FRENCH</b>	C2	C2	C2	C2	C1
<b>SPANISH</b>	C2	C2	C1	C1	B2

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## ● DIGITAL SKILLS

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Enterprise-Resource-Planning-Software (ERP) | ERP | EMR/EHR | Microsoft Office | Microsoft Powerpoint | Google Drive | Google Docs | Microsoft Word | Zoom | Microsoft Excel | Outlook