



UNIVERSITY OF THESSALY
STUDIES PROGRAM OF THE Nutrition and Dietetics
Terma N. Temponera 431 00 Karditsa, Greece. Tel. 00302441064770. Fax: 00302441064771.

DIPLOMA SUPPLEMENT

This Diploma Supplement model was developed by the European Commission, the Council of Europe and UNESCO/CEPES. The purpose of the supplement is to provide sufficient independent data to improve the international 'transparency' and fair academic and professional recognition of qualifications (diplomas, degrees, certificates etc). It is designed to provide a description of the nature, level, context, content and status of the studies that were pursued and successfully completed by the individual named on the original qualification, to which this supplement is appended. It should be free from any value judgments, equivalence statements or suggestions about recognition. Information in all eight sections should be provided. Where information is not provided, an explanation should be given.
The student was enrolled de jure in the UNIVERSITY OF THESSALY according to Act 4589/2019, Article 6, Paragraph 1 (Government Gazette 13/A/29-01-2019). The educational function of the above studies program continues on a transitional basis according to Act 4589/2019, Article 6, Paragraph 2 (Government Gazette 13/A/29-01-2019).

1. INFORMATION IDENTIFYING THE HOLDER OF THE QUALIFICATION

- | | |
|---|--|
| 1.1 Family name(s)
TZORTZI | 1.2 Given name(s)
AFRODITI |
| 1.3 Date of birth (DD/MM/YY)
26/02/1995 | 1.4 Student identification number or code (if available)
5413079/5913054 |

2. INFORMATION IDENTIFYING THE QUALIFICATION

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|--|--|
| 2.1 Title conferred (in original language)
ITYXIO (PTYCHIO) - DEGREE IN NUTRITION AND DIETETICS | 2.2 Main field(s) of study
NUTRITION AND DIETETICS |
| 2.3 Institution awarding the qualification (in original language)
PANEPISTIMIO THESSALIAS (UNIVERSITY OF THESSALY), STATE UNIVERSITY | 2.4 Name and status of institution (if different from 2.3) administering studies (in original language)
SAME AS IN 2.3 |
| 2.5 Language(s) of instruction/examination
GREEK | |

3. INFORMATION OF THE LEVEL OF THE QUALIFICATION

- | | |
|---|--|
| 3.1 Level of qualification
UNDERGRADUATE - 1st cycle of studies - Level 6 | 3.2 Duration of studies
Full time studies: 4 years (8 semesters)
ECTS Course Credits: 240
Practical training: 6 months after the 7 th Semester of studies |
| 3.3 Admission requirement(s)
Apolytirio (Certificate) from Lykeio (Upper Secondary Education School) and PanHellenic entrance | |

4. INFORMATION OF THE CONTENTS AND RESULTS ACHIEVED

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|---|---|
| 4.1 Mode of study
Full Time
Attendance | 4.2 Programme requirements
In order to graduate students should: a) Successfully complete all required modules according to the program of study b) Complete a dissertation (Primary research of Systematic Review) with supervision c) Undergo a six month practical placement and collect 240 academic credits (A.C. -ECTS).
Study structure of the department : Dietetics is underpinned by both health and social sciences. The course of study of the Nutrition and Dietetics department at Technological educational Institute of Thessaly includes biochemical and physiological sciences which introduce students to the field of Nutrition. Furthermore the program of study progresses into areas such as health economics, management and humanities. Also included are specialty modules such as clinical nutrition, nutrition through lifespan and nutrition and metabolism which form the basis of the Science of Nutrition and Dietetics and constitute the nature of the area of study. The program of study also involves a thesis that aims to deepen the knowledge of students in applied research and help them systematically identify and critically evaluate literature from primary and secondary sources. Moreover research project targets on guiding students to utilize and reflect on appropriate research methods and apply them to the topic under study. Finally students are required to complete a six month practical training performed in hospitals, food industry, health promotion agencies and other public and private organizations. related to the area of study. |
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4.3 Programme details (e.g modules or units studied), and individual grades / marks / credits obtained (if this information is available on an official transcript, this should be used here)

Modules examined and awarded a pass grade and the ones recognised or exempted from are listed below:

Diploma Thesis:

EMOTIONAL INTELLIGENCE NUTRITIONAL BEHAVIOR & BODY IMAGE IN ADULTS 20-30 YEARS OLD

Grade: 10

ECTS: 20.0

The Internship has been conducted at: Grade: Pass, ECTS: 10.0

MODULE/COURSE			SEME-	TYPE (Core/	ECTS	GRADE
CODE	TITLE		STER	Optional module)	CREDITS	
104	Biology	Biology	1	Core	6.0	6,75
102	Chemistry	Chemistry	1	Core	6.0	8,5
105	Introduction to Nutrition	Introduction to Nutrition	1	Core	6.0	8,5
101	Mathematics	Mathematics	1	Core	4.0	5
106	Foreign Language (English)	Foreign Language (English)	1	Core	4.0	9
103	Physics	Physics	1	Core	4.0	5
202	Human Anatomy	Human Anatomy	2	Core	5.5	6.6
204	Biochemistry	Biochemistry	2	Core	8.0	5,75
205	History and Geography of Nutrition	History and Geography of Nutrition	2	Core	3.0	7,5
201	Organic Chemistry	Organic Chemistry	2	Core	5.0	6,75
203	Human Physiology	Human Physiology	2	Core	5.5	7,25
206	Psychology and Pathopsychology of Nutrition	Psychology and Pathopsychology of Nutrition	2	Core	3.0	6
301	Food Analysis	Food Analysis	3	Core	7.0	6,75
305	Biostatistics	Biostatistics	3	Core	4.0	5,75
302	Food Microbiology	Food Microbiology	3	Core	5.0	6
306	Health Economics	Health Economics	3	Core	4.0	7
303	Pathophysiology	Pathophysiology	3	Core	5.0	6,65
304	Food Technology	Food Technology	3	Core	5.0	7,5
401	Nutrition and Metabolism I (Macronutrients)	Nutrition and Metabolism I (Macronutrients)	4	Core	8.0	5,75
405	Nutrition through Lifespan I	Nutrition through Lifespan I	4	Core	6.0	5,25
403	Nutritional Habits and Nutrition Education	Nutritional Habits and Nutrition Education	4	Core	5.0	6
404	Nutritional Assessment	Nutritional Assessment	4	Core	5.0	6,5
402	Ergometry	Ergometry	4	Core	6.0	7,5
502	Food Technology & Quality Control	Food Technology & Quality Control	5	Core	5.0	6
501	Nutrition and Metabolism II (Micronutrients)	Nutrition and Metabolism II (Micronutrients)	5	Core	8.0	8,15
504	Diet Planning in Health	Diet Planning in Health	5	Core	5.0	7,1

MODULE/COURSE

CODE	TITLE		SEME- STER	TYPE (Core/ Optional module)	ECTS CREDITS	GRADE
503	Physical Activity and Health	Physical Activity and Health	5	Core	5.0	6,55
601	Nutrition through Lifespan II	Nutrition through Lifespan II	6	Core	8.0	6,75
603	Nutritional Epidemiology	Nutritional Epidemiology	6	Core	6.5	8
602	Clinical Nutrition I	Clinical Nutrition I	6	Core	7.0	5,35
604	Principles and Ethics in Nutrition and Dietetics	Principles and Ethics in Nutrition and Dietetics	6	Core	5.0	8,5
704	Nutrition and Exercise	Nutrition and Exercise	7	Core	5.0	8,6
705	Public Health Nutrition	Public Health Nutrition	7	Core	6.0	7
703	Nutritive Value of Foods	Nutritive Value of Foods	7	Core	6.0	7
701	Clinical Nutrition II	Clinical Nutrition II	7	Core	7.0	6,85
702	Diet Planning in Pathological States	Diet Planning in Pathological States	7	Core	6.0	6,25
851	Ergophysiology	Ergophysiology	5	Optional Module	3.5	8
853	Pharmacology	Pharmacology	5	Optional Module	3.5	8,5
854	Consumption Patterns and Nutrition	Consumption Patterns and Nutrition	6	Optional Module	3.5	10

ECTS Total : 240.0

Note: The title courses followed by an asterisk (*) are not calculated in the degree grade.

4.4 Grading scheme and, if available, grade distribution guidance

According to the Institution's Internal Regulations, the grading system falls into the 0-10 scale as follows:

- 8.5 - 10: «Excellent»
- 6.5 - 8.49: «Very Good»
- 5.0 - 6.49: «Good»
- 0.0 - 4.99: «Fail»

At least a grade of 5.0 is required for the successful completion of a course.

4.5 Overall classification of the qualification (in original language)

7.19 (POINT HUNDREDTHS) VERY GOOD (LIAN KALOS) ΛΙΑΝ ΚΑΛΩΣ

5. INFORMATION ON THE FUNCTION OF THE QUALIFICATION

5.1 Access to further study

A degree (PTYCHIO) from the Department provides the opportunity for access to postgraduate studies in order to obtain a specialist postgraduate diploma and/or a doctoral diploma.

5.2 Professional status (if applicable)

The professional rights of graduates of the Department of Nutrition and Dietetics TE are described in the Presidential Decree PD 78 (Greek Government Gazette 36/7-2-1989) and PD 919/26-8-98. The graduates, based on their specialized scientific and technical knowledge, can work either independently or in collaboration with other scientists on modern and specific areas of Nutrition and Dietetics.

6. ADDITIONAL INFORMATION

6.1 Other information

6.2 Further information sources

Students are entitled to an Erasmus period for studies and/or placement abroad within the framework of Erasmus +.

- Website of the Ministry of Education: <http://www.minedu.gov.gr>
- Website of ΔΟΑΤΑΠ: <http://www.doatap.gr/>
- Website of IKY: <http://www.iky.gr/>
- Website of University of Thessaly: [http:// www.uth.gr](http://www.uth.gr)

7.

CERTIFICATION OF THE SUPPLEMENT

7.1 Date:

5/7/2019

7.2 Name and Signature:

THEODORAKIS, PROFESSOR

7.3 Capacity:

VICE RECTOR OF ACADEMIC AFFAIRS



7.4 Official stamp or seal:

8. INFORMATION ON THE NATIONAL HIGHER EDUCATION SYSTEM

(i) Structure

According to the Framework Law (2007), higher education consists of two parallel sectors: the University sector (Universities, Polytechnics, Fine Arts Schools, the Open University) and the Technological sector (Technological Education Institutions (TEI) and the School of Pedagogic and Technological Education). The same law regulates issues concerning governance of higher education along the general lines of increased participation, greater transparency, accountability and increased autonomy. There are also State Non-university Tertiary Institutes offering vocationally oriented courses of shorter duration (2 to 3 years) which operate under the authority of other Ministries.

(ii) Access

Entrance to the various Schools of the Universities (*Panepistimio*) and Technological Education Institutions (*Technologiko Ekpaideftiko Idryma - TEI*) depends on the general score obtained by Lyceum graduates on the Certificate, on the number of available places (*numerus clausus*) and on the candidates' ranked preferences among schools and sections.

(iii) Qualifications

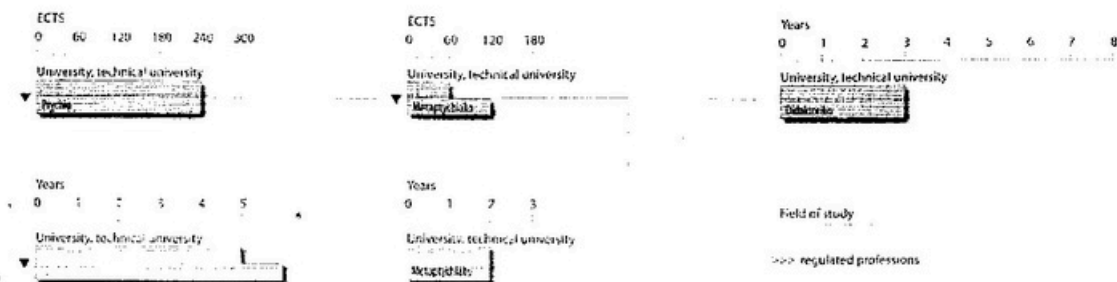
Students who successfully complete their studies in universities and TEI are awarded a *Ptychio* (first cycle degree). First cycle programmes last from four years for most fields to five years for engineering and certain other applied science fields and six years for medicine. The *Ptychio* leads to employment or further study at the post-graduate level that includes the one year second cycle leading to the second degree, *Diploma Metaptychiakon Spoudon* - equivalent to the *Master's degree* - and the third cycle leading to the doctorate degree, *Didaktoriko Diploma*.

Recent legislation on quality assurance in Higher Education, the Credit Transfer System and the Diploma Supplement defines the framework and criteria for evaluation of university departments and for certification of student degrees. These measures aim at promoting student mobility and contributing to the creation of a European Higher Education Area.

A detailed description of the Greek Education System is offered in:

- EURYDICE (<http://www.eurydice.org>) database of the European Education Systems.
- http://eacea.ec.europa.eu/education/eurydice/documents/thematic_reports/122EN.pdf (pages 82,83)

Higher education structure - 2010



<input checked="" type="checkbox"/>	Most common length of a Bologna cycle	ECTS			
<input type="checkbox"/>	Other length of a Bologna cycle	Credits according to the European Credit Transfer and Accumulation System			
<input type="checkbox"/>	Programme outside the typical Bologna model				
<input checked="" type="checkbox"/>	Professional programme				

		regulated at national level	decided at institutional level
ALL	programmes have admission requirements	▼	▲
SOME		▽	△