



Martha Arnaoutoglou

Date of birth: 02/09/1987 | **Nationality:** Greek | **Phone number:** (+30) 6971623706 (Mobile) | **Email address:** martha.arna@gmail.com | **Address:** 12 Eptanisou Str, 11257, Athens, Greece (Home)

● WORK EXPERIENCE

16/07/2024 – CURRENT Athens, Greece

VULNERABILITY ASSISTANT EUROPEAN UNION AGENCY FOR ASYLUM

The Vulnerability assistant works under the coordination of the Greek authorities (General Secretariat for Vulnerable Persons and Institutionla Protection-GSVPIP) in performing the following tasks:

- Provide assistance in the design of interventions and activities in the field of vulnerability, including by planning and conceptualising targeted support projects, preparing and updating relevant project management documents, analyzing and identifying funding possibilities, etc;
- Provide assistance to GSVPIP in the coordination and implementation of activities in different areas of GSVPIP responsibility, including support, accommodation and referral for vulnerable groups, including victims of Trafficking of Human Beings and violence;
- Provide assistance to GSVPIP in the development and implementation of SOPs, processes, workflows, referral pathways and operational tools related to vulnerability;
- Provide assistance to GSVPIP in monitoring the implementation of its projects and activities, including program evaluation and quality improvement efforts;
- Provide assistance to GSVPIP in cooperation and liaison with other services and actors;
- Participate in meetings and liaise with internal and external stakeholders;
- Attend and contribute to thematic, coordination or other meetings and workshops organised by MoMA, EUAA and/or other actors at central level, that aim to enhance and harmonise activities, procedures, and tools on vulnerability issues;
- Provide to EUAA regular analytical and statistical reports of provided services, challenges faced and best practices observed;
- Draft documents, templates, minutes and reports;

15/04/2024 – 30/06/2024 Athens, Greece

MONITOR INTEGRATION IN HELIOS PROJECT INTERNATIONAL ORGANAZATION FOR MIGRATION (IOM)

- Perform the enrollment of beneficiaries in the project and monitor their integration progress
- Ensure the adherence to the Standard Operating Procedures (SOPs) and project regulations, as developed in the framework of the Project
- Assess potential protective and risk factors of individuals and families facing difficulties
- Develop rapid needs assessment of the psychosocial needs of children, youth and their families
- Prepare case reports and statistics to be submitted on regular basis alongside monthly reports
- Conduct referrals to other actors for cases in need of specialized further treatment
- Coordinate with other actors and relevant authorities to ensure that needs of beneficiaries are met

01/12/2022 – 31/01/2024 Athens, Greece

PSYCHOLOGIST INTERNATIONAL RESCUE COMMITTEE

- Individual and group sessions with asylum seekers and refugees
- Organization and facilitation of psycho-education sessions and capacity building to IRC staff and other actors
- Staff care group sessions to other NGOs' staff
- Working group meetings with services and other NGOs
- Monitoring and reporting of the quantity and quality of services provided

19/07/2021 – 30/11/2022 Schisto, Greece

RECEPTION ASSISTANT VULNERABILITY / CASE MANAGEMENT EUROPEAN UNION AGENCY FOR ASYLUM (FORMERLY EUROPEAN ASYLUM SUPPORT OFFICE)

- Support RIS (Reception and Identification Service) in the implementation of a harmonized case management system for persons residing in the reception facilities ensuring all protection-relevant measures
- Writing and Implementing SOPs, guidance, operational and administrative tools
- Case management focal point

- Identification, referral and follow-up of vulnerable persons and persons with special reception needs
- Monitoring of reception needs of residents in the reception facility and in shelter allocation
- Coordination and communication with the Greek Asylum Service, the National Public Health Organization (EODY) and other health care, psychosocial, legal and other actors regarding vulnerability aspects of the residents' asylum procedure
- Provide to EUAA regular analytical and statistical reports of provided services, challenges faced and best practices observed
- Mapping of services and developing effective referral pathways, coordination mechanisms and network
- Support RIS in communication and information provision on vulnerability related issues

07/10/2019 – 09/07/2021 Malakasa, Attica, Greece

PSYCHOLOGIST INTERNATIONAL ORGANIZATION FOR MIGRATION

- Mental health and psychosocial support to asylum seekers through individual, group sessions and psychosocial/ psychoeducational activities
- Psychodrama group sessions
- Conducting protection and MHPSS meetings
- Reporting

07/08/2018 – 04/10/2019 Nea Makri, Attica, Greece

PSYCHOLOGIST MÉDECINS DU MONDE (GREECE)

- Mental health and psychological support to the survivors of the fire on the 23rd of July. The death toll of this natural disaster stands at 100 people. Supporting people having lost their homes trying to escape fire and people having lost their beloved ones.

06/05/2016 – 18/05/2018 Athens/Thiva, Greece

PSYCHOLOGIST MÉDECINS DU MONDE BELGIUM (ECHO PROJECT)

- Mental health and psychosocial support in refugee camps, conducting individual and group sessions
- Psychosocial group activities, focus group discussions and community mobilization
- In-charge of out-reach work and needs assessment to design targeted interventions
- Coordination, protection and technical meetings
- Collecting data and reporting

12/01/2016 – 31/03/2016 Athens/Chios/Lesvos, Greece

PSYCHOLOGIST MÉDECINS DU MONDE (MISSION ON BOARD)

- Psychological support and urgent mental health care to refugees (children and adults) on the ferries travelling overnight between Chios, Lesvos and Piraeus

28/02/2015 – 29/05/2015 Athens, Greece

VOLUNTEER RESEARCHER UNIVERSITY RESEARCH INSTITUTE OF MENTAL HEALTH

- Participating in the "European School Survey Project on Alcohol and Other Drugs – ESPAD"
- Completion of questionnaires
- Collecting and analyzing data

19/11/2013 – 12/07/2015 Athens, Greece

SOCIAL STREET WORKER EMFASIS FOUNDATION NGO

- Social street work aiming at comprehensively addressing the holistic needs of all vulnerable and socially excluded groups (homeless – rough sleepers, unemployed, immigrants, people below the poverty line, people with problems of various kinds of addictions, street connected children etc.) living mainly in a street situation or impending homelessness as well as those who face serious survival problems
- Mapping streets of Athens to address people in need and approach them providing the needed aid (Psychological first aid, connection with social services, intervention in emergencies)
- Participating in design and implementation of programs specialized to the needs of vulnerable population

31/08/2011 – 31/05/2013 Xanthi, Greece

BALLET TEACHER DANCE STUDIO "DANCE LAB"

- Teaching and organizing ballet intermediate classes to children and adults between 14-25 years old

- Monitoring patients in neurological clinic
- Applying neuropsychological tests and scales to patients (SKT-A short cognitive performance test for assessing memory and attention, Hamilton Depression Scale, M.M.S.E., C.D.R.)
- Participating in seminars and lectures given by the academic staff of the clinic

● **EDUCATION AND TRAINING**

01/10/2023 – CURRENT Athens, Greece

BALINT GROUP LEADERSHIP TRAINING Hellenic Balint Society

Website <https://www.hellenicbalintsociety.gr/en/home>

01/10/2022 – 18/07/2023 Greece

TRAINING COURSE IN CLINICAL PSYCHOPATHOLOGY 1st Department of Psychiatry of University of Athens, University Research Institute of Mental Health

Website <https://psychopathology.gr/>

02/10/2015 – 01/10/2019 Athens, Greece

4- YEAR POSTGRADUATE TRAINING IN PSYCHODRAMA, CERTIFIED BY THE FEDERATION OF EUROPEAN ASSOCIATIONS OF PSYCHODRAMA TRAINING ORGANISATIONS (F.E.P.T.O.) “Endochora” Psychotherapy Centre

Website <http://www.endochora.gr/gr/endochora>

30/09/2013 – 12/06/2014 Athens, Greece

SEMINAR «ADDICTIONS AND PSYCHOLOGICAL FUNCTION: THEORETICAL FRAMEWORK AND CLINICAL PRACTICE» 18 ANO, Psychiatric Hospital of Attica

08/10/2012 – 29/06/2013 Leicester, United Kingdom

POSTGRADUATE CERTIFICATE, CHILD AND ADOLESCENT MENTAL HEALTH University of Leicester

14/09/2005 – 10/04/2011 Thessaloniki, Greece

BACHELOR IN PSYCHOLOGY Aristotle University of Thessaloniki

08/09/2007 – 14/06/2011 Thessaloniki, Greece

PROFESSIONAL DANCE TEACHER DIPLOMA High Professional School of Dance A. Kafantari (Degree awarded by the Greek Ministry of Culture)

● **LANGUAGE SKILLS**

Mother tongue(s): **GREEK**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● **DIGITAL SKILLS**

Cambridge International Diploma in IT Skills

● **DRIVING LICENCE**

Driving Licence: B