

Athens, 11/05/2024

Work Certificate

It is hereby confirmed that Martha Arnaoutoglou, with ID no: AO 875295 and AFM: 133520338 was working for International Rescue Committee Hellas, a non-profit organization, as a Psychologist for the Mental Health and Psychosocial Support (MHPSS) dept. from 01/12/2022 till 31/01/2024 with a full-time employment contract. Her duties were to:

- Adhere to internationally recognized best practices for evidence based psychological interventions and the management of clients with mental health concerns. This includes ensuring the confidentiality of clients and respecting their decisions.
- Establish a safe space to conduct private and confidential sessions acceptable to those on the site and safely accessible by women and children.
- Assess the client's needs and presenting complaints and develop a care plan with the client based on those needs, including referrals to other services.
- Provide age-appropriate culturally relevant individual and/or group psychological counselling for population at risk including, but not limited to survivors of torture and asylum seekers.
- Support the client(s) coping process and mobilize their internal and external resources for processing extreme adversity.
- Facilitate psycho-education sessions and capacity building to IRC staff and other actors.
- Identify concerns related to and support adherence to referral protocols and guiding principles for gender-based violence and child protection and bring these concerns to the Senior Psychologist and MHPSS Manager.
- Maintain an effective working relationship and regular communication with other psychologists working on the same project.
- Maintain effective working relationships with relevant stakeholders including referral organizations community groups and other implementing partners.
- Complete monthly case reports and data collection according to guidance provided by the MHPSS Manager and Senior psychologist.

- Collaborate with the rest of the team to exchange information and ensure that IRC programs are responding to the evolving needs of refugees.
- Receive regular clinical supervision from an external supervisor and 1:1 meetings with the MHPSS Manager;
- Refer patients to other health professionals whenever necessary.
- Participate in weekly team meetings.
- Support the mental health community activities and the community Psychosocial Workers through the provision of psychoeducation, trainings, supervision and on the job coaching of community volunteers.

This certificate is issued for all legal use at the request of the employee.

For IRC Hellas



Pinelopi Roussinou

HR Officer

**INTERNATIONAL RESCUE
COMMITTEE HELLAS**
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