



## Catarina Mendonça

**Date of birth:** 23/07/1995 | **Nationality:** Portuguese | **Phone number:**  
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### WORK EXPERIENCE

01/01/2022 – CURRENT Caldas da Rainha, Portugal

**PEDIATRIC RESIDENT** LOCAL HEALTH UNIT - HOSPITAL CALDAS DA RAINHA

Fourth-year pediatric resident with hands-on experience in general pediatrics, emergency care, and inpatient management. Highly dedicated and passionate about child health, I strive to implement innovative healthcare solutions and improve patient care while continuously expanding my medical knowledge  
Currently training at Hospital de São João in Porto

01/01/2021 – 31/12/2021 Faro, Portugal

**GENERAL DOCTOR** HOSPITAL DE FARO

Working experience in internal medicine, pediatrics, general surgery, and family medicine.

01/04/2024 – 04/2024 Maputo, Mozambique

**PRIMARY HEALTHCARE INTERNSHIP IN MAPUTO, MOZAMBIQUE** XIPAMANINE HEALTH CARE CENTER

Provided clinical support to the Pediatric Department at the Xipamanine Primary Healthcare Center in Maputo City.

01/01/2025 – CURRENT Portugal

**MEDICAL DOCTOR OF PEDIATRICS** TELADOC

Providing pediatric consultations via telemedicine platform, ensuring accessible, high-quality medical care through remote assessments, patient guidance, and follow-up, while leveraging digital health solutions to enhance patient outcomes

### EDUCATION AND TRAINING

01/10/2014 – 10/06/2020 Pilsen, Czechia

**MASTER IN MEDICINE** Charles University - Faculty of Medicine in Pilsen

**Website** <https://lfp.cuni.cz/en/faculty-of-medicine-in-pilsen/>

12/01/2024 – 12/07/2024 Lisboa, Portugal

**POSTGRADUATE IN HEALTHCARE PROJECT MANAGEMENT** Escola Nacional de Saúde Pública - Universidade NOVA

**Website** <https://www.ensp.unl.pt/>

14/04/2023 – 15/04/2023 Coimbra, Portugal

**PEDIATRIC ADVANCED LIFE SUPPORT** INEM

**Website** <https://www.inem.pt/category/inem/o-inem/>

**PARENTAL GUIDANCE COURSE IN PEDIATRIC HEALTH CONSULTATION**

### LANGUAGE SKILLS

Mother tongue(s): **PORTUGUESE**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DIGITAL SKILLS

Office Skills

Microsoft Office | Zoom | Microsoft Powerpoint | Microsoft Word | Outlook | Google Drive | LinkedIn | Microsoft Excel

Creative Skills

Canva | Social Media

Digital Skills

Basic knowledge of health data, interoperability, and artificial intelligence in medicine | Ability to adapt to new technologies in clinical practice

COMMUNICATION AND INTERPERSONAL SKILLS

Effective communication

Highly communicative and outgoing professional with extensive experience presenting at various events. I value clear, effective communication in the workplace, which enhances teamwork and drives success through strong interpersonal relationships.