



## Ana Rita Pereira Leitão

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### ABOUT ME

I am a third-year student pursuing a bachelor's in biology at University of Évora. Inspired by a family background in the pharmaceutical field and driven by a passion for science, I chose Biology to lay the foundation for my career in health sciences. The COVID-19 pandemic, combined with the disciplines I have studied over the past three years at the University of Évora — including Animal Physiology, Microbiology, Bioinformatics, and related fields, reinforced my commitment to this vital area by highlighting its importance in addressing global health challenges.

Also, I have played sports all my life, I was a Scout for some years, and I take part in volunteer projects whenever I can, which I think have contributed to my team spirit, sense of responsibility and problem-solving skills. I am ambitious and extremely curious, and I thrive in environments where I can continuously learn and improve myself.

### WORK EXPERIENCE

SEP 2022 – CURRENT Lisbon, Portugal

#### PRIVATE TUTOR

I help students from the 5th to 12th grade achieve their best results in the subjects of Biology and Geology, and Philosophy. I assist students in developing effective study habits and critical thinking abilities. Furthermore, I have demonstrated proficiency in explaining complex concepts in a clear and accessible manner. Overall, it has been an incredibly rewarding experience, that has helped me become more patient, empathetic, flexible and a great active listener.

**Website** <https://explicamisto.pt/>

JUN 2020 – AUG 2022 Lisbon, Portugal

#### INSTRUMENT TEACHER

I provided music lessons in guitar, ukulele, and viola to children aged 5-12 years, focusing on developing their musical skills, creativity, and understanding of basic music theory. I tailored lessons to suit the individual learning needs and abilities of each child, fostering a supportive and engaging learning environment.

### EDUCATION AND TRAINING

SEP 2022 – CURRENT Évora, Portugal

#### BACHELOR'S IN BIOLOGY University of Évora

**Website** <https://www.uevora.pt/> | **Level in EQF** EQF level 6

13 JUN 2024 – 5 JUL 2024 Cáceres, Spain

#### BLENDED INTENSIVE PROGRAMME (BIP): "ONE HEALTH AND SUSTAINABILITY IN WILDLIFE: FROM BASIC TO CLINIC" University of Extremadura and University of Évora

**Field of study** Agriculture, forestry, fisheries and veterinary | **Level in EQF** EQF level 6 | **Type of credits** ECTS |

**Number of credits** 5



JUL 2021 – JUL 2021 Vila Real, Portugal

## SUMMER INTERNSHIP ON "HOW TO TRANSFER GENES TO PLANTS 'HITCHHIKING' ON AGROBACTERIUM TUMEFACIENS" Ciência Viva

Participated in a summer internship focused on genetic transfer to plants using *Agrobacterium tumefaciens*, learning practical laboratory techniques and gaining insights into plant biotechnology and gene transfer mechanisms.

Website <https://www.cienciaviva.pt/> | Level in EQF EQF level 4

SEP 2019 – JUN 2022 Lisbon, Portugal

## UPPER SECONDARY EDUCATION DIPLOMA IN SCIENCE AND TECHNOLOGY Escola Secundária José Saramago

Website <https://escola.esjs-mafra.net/> | Level in EQF EQF level 4

Lisbon, Portugal

## COMPLETION OF BASIC EDUCATION Colégio Miramar

Website <https://cmiramar.pt/> | Level in EQF EQF level 2

### LANGUAGE SKILLS

Mother tongue(s): **PORTUGUESE**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	C2	C2	C1	C1	C2
<b>SPANISH</b>	B1	B2	B1	B2	B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

### DIGITAL SKILLS

Microsoft Office (Outlook, Excel, Word, PowerPoint) | Knowledge of the statistical program Jamovi | IBM Statistical package for Sciences (SPSS) | Video Conferencing (Zoom, Teams, Skype, Webex) - Advanced | Populus | RAMAS EcoLab

### HONOURS AND AWARDS

JUN 2022

**Cambridge English: Advanced (CAE) – Cambridge Assessment English**

### HOBBIES AND INTERESTS

#### Scouts

Actively participated in Scouts activities from 2012 to 2018, contributing to community service projects, including organizing food drives and collecting items for the local Food Bank. Gained valuable teamwork, leadership, and organizational skills through involvement in various volunteer-based initiatives aimed at supporting vulnerable groups in the community.

#### Taekwondo

11 years doing Taekwondo, having obtained the black belt and the certification of 1° POOM from the portuguese academy "Chong-Ji" of taekwondo at 13 years old.

#### Member of the Students' Union



Actively engaged as a member of the Students' Union from 2016 to the present day, participating in the organization of events, student advocacy, and initiatives aimed at improving student life. Developed strong leadership, communication, and organizational skills while collaborating with peers and faculty to address student concerns and enhance the school community.

## **VOLUNTEERING**

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SEP 2022 – CURRENT Évora

### **Volunteer at an animal shelter**

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OCT 2024 – CURRENT Évora

### **Volunteer in greenhouses belonging to the university.**

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16 DEC 2024 – 16 DEC 2024

### **Participation in the First Biotechnology Symposium of the University of Évora, achieving 3rd place for the best scientific poster presented.**

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APR 2023 – APR 2023 Évora

### **Volunteer in the ECT 23 Science Festival through the Department of Chemistry and Biochemistry of the University of Évora**

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Link <https://www.uevora.pt/ue-media/noticias?item=37444>

2021 – 2022 Lisbon

### **Volunteering group called "Saramago Ajuda"**

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Created a volunteering group called "Saramago Ajuda" during High School, with mainly environment related projects. All videos and activities carried out were documented on Instagram, attached below.

Link [https://www.instagram.com/saramago\\_ajuda/](https://www.instagram.com/saramago_ajuda/)