



Alexandra Gomes da Costa

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Date of birth: 2 Apr 2001 **Nationality**: Portuguese

ABOUT ME

I am a Clinical Physiology graduate with more than one year of professional experience. I am passionate about my career and completely predisposed to evolve as a professional and person, a quality demonstrated in the more than 40 exams I perform daily. I strive to deliver the highest quality of work under any circumstances.

I have always been motivated to work and live abroad as long as that leads me to achieve my dream job.

EDUCATION AND TRAINING

[1 Sep 2019 – 26 Jun 2023]

Degree in Clinical Physiology

School of Allied Health Sciences of Polytechnic Institute of Porto <https://www.ess.ipp.pt>

City: Porto | **Country**: Portugal |

[10 Jun 2021 – 10 Jun 2026]

Basic Life Support with AED

National Emergency Medical Institute <https://www.inem.pt>

City: Porto | **Country**: Portugal |

[22 Oct 2022 – 22 Oct 2022]

Cardiac and Lung Auscultation Workshop

School of Allied Health Sciences of Polytechnic Institute of Porto <https://www.ess.ipp.pt>

City: Porto | **Country**: Portugal |

[Sep 2022 – Sep 2022]

4th edition "Progresses in Ultrasonography"

Student Group of the Portuguese Association of Cardiac and Pulmonary Physiologists <https://www.aptec.pt/paginas/aptec/neaptec.php>

City: Lisbon | **Country**: Portugal |

[20 Oct 2023 – 22 Oct 2023]

ePoster presentation at 4th National Congress of Clinical Physiology

Polytechnic Institute of Castelo Branco <https://congressofc2023.ipcb.pt>

City: Castelo Branco | **Country**: Portugal |

[17 Feb 2024 – 17 Feb 2024]

2nd Clinical Physiology Seminar: 'Did you know that there is still a lot to know?'

School of Allied Health Sciences of Polytechnic Institute of Porto <https://www.ess.ipp.pt>

City: Porto | **Country**: Portugal |

WORK EXPERIENCE

[1 Oct 2023 – Current]

Cardiac Physiologist

Grupo Dr. Pinto Leite

City: Paços de Ferreira | **Country:** Portugal

- Perform, read, and analyze ECG
- Perform, read, and analyze Holters
- Monitoring, analyzing, and reading Blood Pressure
- Perform Pulmonary Function Tests
- Perform and analyze Cardiac Stress Tests
- Overall knowledge of caring for patients with cardiac disorders
- Experience working as part of a team
- Experience training students and junior members of staff

I perform an average of 40 exams daily in the different areas of non-invasive cardiopneumology. I have a full-time contract and work 40 hours a week.

CURRICULAR INTERNSHIPS

[1 Feb 2022 – 31 Mar 2022]

Curricular Internship in Stress Tests and Electrophysiology

- Perform, read, and analyze ECG
- Perform and analyze Cardiac Stress Tests

[1 Apr 2022 – 31 May 2022]

Curricular Internship in Treadmill Stress Tests, Electrophysiology and Holter

- Perform, read, and analyze ECG
- Perform, read, and analyze Holters
- Perform and analyze Cardiac Stress Tests

[1 May 2022 – 30 Jun 2022]

Curricular Internship in Pulmonary Function Tests

- Perform and analyze Pulmonary Function Tests such as Spirometry and Plethysmography

[1 Oct 2022 – 31 Oct 2022]

Curricular Internship in Echocardiography

- Perform and analyze Transthoracic Echocardiograms (TTE)
- Assist Transesophageal Echocardiograms (TEE)

[1 Nov 2022 – 30 Nov 2022]

Curricular Internship in Pacing and Electrophysiology

- Collaborate and lead Implantable Cardiac Devices Follow-up Appointments
- Assist and perform pacemaker implantation surgeries
- Assist electrophysiology procedures

[1 Dec 2022 – 31 Dec 2022]

Curricular Internship in Medical Emergency

- Assist and collaborate with the National Institute of Medical Emergency

[1 Jan 2023 – 31 Jan 2023]

Curricular Internship in Hospital Emergency

- Perform, read, and analyze ECGs in Hospital Emergency

SKILLS

[1 Jan 2011 – 1 Jan 2019]

Federated volleyball athlete

Volunteering in Radelfe Clinic and nursing homes.

[1 Jun 2019 – 31 Jul 2019]

Volunteering with elderly people

Member of the Scientific Training Department

[1 Oct 2021 – 30 Sep 2023]

Student Association of the School of Allied Health Sciences of Porto

LANGUAGE SKILLS

Mother tongue(s): Portuguese

Other language(s):

English

LISTENING B2 **READING** C1 **WRITING** B2

SPOKEN PRODUCTION B2 **SPOKEN INTERACTION** B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DIGITAL SKILLS

My Digital Skills

Zoom | Microsoft Office | Microsoft Word | Social Media | Microsoft Powerpoint |
Google Drive

DRIVING LICENCE

Cars: B