



Raquel Sofia Serpe Manuel

ABOUT ME

Contacto:

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Professional in the field of Biomedical Laboratory Sciences, with experience in clinical and microbiological analysis, research laboratories and public health analysis, as well as pathological anatomy. With a strong interest in deepening knowledge of technological innovation, digitalization and data analysis in the health sector.

EDUCATION AND TRAINING

Degree in Biomedical Laboratory Sciences

University of Algarve [2020 – 2024]

City: Faro

Higher Technical Course in Microbiology and Molecular Biology

Escola Superior de Saúde Egas Moniz [2018 – 2019]

Laboratory Analysis Technician

Escola Secundária de Pinhal Novo [2015 – 2018]

WORK EXPERIENCE

Internships and experience in the health sector and laboratories

Clinical Analysis and Public Health Technician - Hospital CUF Descobertas (Germano de Sousa) [02/2025 – Current]

City: Lisboa | Country: Portugal

- Collecting blood samples;
- Sorting biological products;

• *Clinical Analysis and Public Health Technician - Affidea* [01/08/2024 – 14/02/2025]

City: Lisboa | Country: Portugal

Collected blood samples in companies and clinics, in the context of occupational medicine.

Laboratory screening and analysis.

• *Trainee in Veterinary Cytopathology - DNATech* [06/2024 – 07/2024]

Country: Portugal

Making blood smears, preparing histological slides, making determinations in the field of hematology and biochemistry.

• *Trainee at the Instituto Nacional de Saúde Doutor Ricardo Jorge (INSA)* [09/2023 – 10/2023]

Microbiology and Reference Materials Laboratory

Trainee at the Portuguese Blood and Transfusion Institute (IPST) [10/2023 – 11/2023]

Immunohematology and Component Separation Laboratory

Trainee in Clinical Analysis and Pathological Anatomy - Centro Hospitalar de Setúbal [12/2023 – 05/2024]

City: Setúbal | Country: Portugal

Clinical Pathology Service: Hematology, Biochemistry and Microbiology

Pathological Anatomy Department: Histotechnology and Immunohistochemistry

OTHER EXPERIENCES

Experience in customer service and logistics organization in different sectors (Lidl, Pingo Doce, Zippy, Adriana Beach Club, Fórum Criativa, Slam)

Cashier, replenishment, customer service, waitress, promoter for brands,...

TECHNICAL AND DIGITAL SKILLS

Clinical and Laboratory Analysis:

Hematology, Biochemistry, Microbiology, Pathological Anatomy, Molecular Biology Techniques

Bioinformatics and Digital Transformation in Health:

Familiarity with SPSS, analyzing data and using specialized software in laboratories.

Technological tools:

SPSS, Excel, laboratory management software.

LANGUAGE SKILLS

Mother tongue(s): Portuguese

Other language(s):

English

LISTENING B2 READING B2 WRITING B2
SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2

French

LISTENING A2 READING A2 WRITING A1
SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

Communication and interpersonal skills

Strong organizational and teamwork skills

Good communication skills and ability to adapt to new technologies and methodologies

DRIVING LICENCE

Driving Licence: B