



## Christos Lafaras

📍 **Home** : Al. Symeonidi 2, 54007, Thessaloniki, Greece

✉ **Email**: [lafarasc@gmail.com](mailto:lafarasc@gmail.com) ☎ **Phone**: (+30) 6942700272

**Work permit**: Greek **Gender**: Male **Date of birth**: 22/05/1965 **Place of birth**: Naou

ssa, Imathia, Greece **Nationality**: Greek

### ABOUT MYSELF

I am a cardiologist with over 30 years of clinical and teaching experience, currently serving as Director of the Cardio-Oncology Unit at Theagenion Cancer Hospital in Greece. My expertise spans general cardiology, cardio-oncology, and cardiovascular imaging, with a strong focus on cancer therapy-related cardiac complications. I have contributed extensively to international research through numerous publications, clinical trials, and conference presentations. I am also actively involved in medical education and hospital administration. I am passionate about advancing personalized cardiovascular care for oncology patients and continuously seek opportunities to apply my expertise in innovative and collaborative settings.

### WORK EXPERIENCE

#### *Theagenion Cancer Hospital*

**City**: Thessaloniki | **Country**: Greece

[ 2004 – Current ] **Consultant Cardiology Director Cardio-Oncology**

#### *Naoussa General Hospital*

**City**: Naoussa | **Country**: Greece

[ 2000 – 2004 ] **Consultant Cardiology**

#### *Hippokration Hospital of Thessaloniki*

**City**: Thessaloniki | **Country**: Greece

[ 1990 – 1997 ] **Registrar Cardiology**

#### *Medical University of Thessaly*

**City**: Larissa | **Country**: Greece

[ 2006 – 2010 ] **Locum Ass. Professor &quot;Postgraduate program Primary Health Care&quot; of Medicine**

#### *ATEI Thessaloniki, Greece*

**City**: Thessaloniki | **Country**: Greece

[ 1999 – 2008 ] **Locum Ass. Professor**

### EDUCATION AND TRAINING

[ 1990 ] **Medical Degree**

**Aristotle University** <https://www.auth.gr/en/homepage/>

**City:** thessaloniki | **Country:** Greece |

[ 1997 ] **Medical Specialty Cardiology**

**Hippokration Hospital of Thessaloniki**

**City:** Thessaloniki | **Country:** Greece |

[ 2000 ] **License to perform echocardiography**

**Greek Ministry of Health**

[ 2004 ] **Doctoral Diploma, Ph.D**

**Aristotle University** <https://www.auth.gr/en/homepage/>

[ 2005 ] **Instructor Training Certificate**

**Aristotle University** <https://www.auth.gr/en/homepage/>

[ 1998 – 1999 ] **Postgraduate training**

**Department of Echocardiography Hammersmith Hospital**

[ 20/11/2023 ] **GOOD CLINICAL PRACTICE (GCP)**

**Global Health Training Centre** [globalhealthtrainingcentre.org/elearning](https://globalhealthtrainingcentre.org/elearning)

## LANGUAGE SKILLS

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**Mother tongue(s):** Greek

**Other language(s):**

**English**

**LISTENING C2 READING C2 WRITING C2**

**SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2**

*Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user*

## SKILLS

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Microsoft Office | Microsoft Word | Microsoft Excel | Microsoft Powerpoint | Social Media | Google Drive | Zoom

## NETWORKS & MEMBERSHIPS

-Member of the Pharmacovigilance Committee at the General Hospital of Naoussa.

Auditor for the OGA at the General Hospital of Naoussa.

- Auditor of the OPAD at Theagenion Cancer Hospital

-Member of the Drug Control Committee at Theagenion Cancer Hospital

-Member of the Food Control Committee at Theagenion Cancer Hospital

Member of the Cardiopulmonary Resuscitation Committee at Theagenion Cancer Hospital

Member of the Technical Specifications Committee at Theagenion Cancer Hospital

-Chairman of the Primary Health Committee at Theagenion Cancer Hospital

-Chairman of the Scientific Library Committee at Theagenion Cancer Hospital

President of the Drug Control Committee at Theagenion Cancer Hospital

## SOCIAL & POLITICAL ACTIVITIES

-Training employees of the Naoussa Fire Department on Cardiopulmonary Resuscitation, Extrication-Transport of injured persons, and general First Aid.

Scientific associate at the Consumer Protection Center of Naoussa (CEPCA).

Delivered speeches on issues concerning the general public, such as the prevention of Coronary Heart Disease.

Lectures at online and offline gatherings of the Cancer Patients Association ELLOK.

## CLINICAL TRIAL EXPERIENCE

[ 1995 – 1996 ]

**Multicenter Study COBALT**

Coordinator

[ 1996 – 1997 ]

**Multicenter Study PURSUIT**

Coordinator

[ 2005 ]

**Multicenter Study OSCAR**

Principal investigator

[ 2005 ]

**Multicenter Study EURICA**

Principal investigator

[ 2005 ]

**Hellenic Cancer Research Committee**

Principal investigator

[ 2019 ]

**Multicenter Study MAFIT**

Sub-investigator

Principal sub-investigator

## TEACHING EXPERIENCE

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### **A. Postgraduate Programs**

-Participation as an instructor during the Spring Semester of 2006 in the "Postgraduate Program in Primary Healthcare" at the Medical School of the University of Thessaly.

-Participation as an instructor during the Winter Semester of 2006 in the "Postgraduate Program in Primary Healthcare" at the Medical School of the University of Thessaly.

- Participation as an instructor during the Spring Semester of 2007 in the "Postgraduate Program in Primary Healthcare" at the Medical School of the University of Thessaly.

- Participation as an instructor during the First Winter Semester of 2007 in the "Postgraduate Program in Primary Healthcare" at the Medical School of the University of Thessaly.

### **B. Member of a three-member advisory committee for one master' s thesis**

Member of a three-member advisory committee for one master's thesis in the postgraduate program "Primary Healthcare" at the Medical School of the University of Thessaly with the title: "Health Education Interventions in Secondary Education Schools".

### **C. Supervisor - Advisor for Four Master's Theses**

Supervisor - Advisor for Four Master's Theses in the Postgraduate Program in Primary Healthcare at the Medical School of the University of Thessaly with the following titles:

"Impact of Obesity and Smoking on Healthcare Professionals"

"Effect of Lipids on Exercise"

"Impact of Metabolic Syndrome on Healthcare Professionals"

"Dietary Habits among Healthcare Professionals: Correlation with Obesity and Lipid Levels"

### **D. Participation in the preparation of the thesis submitted to Aristotle University of Thessaloniki**

[ 2008 ]

Participation in the preparation of the thesis submitted to Aristotle University of Thessaloniki titled: "Investigation of the Cardiotoxicity of Bevacizumab in Women with Metastatic Breast Cancer" by Dr. G. Manolis.

### **E. Certificate of Trainer Education for the second semester of 2004-2005 from Aristotle University of Thessaloniki**

[ 2004 – 2005 ]

It's a formal recognition awarded to individuals who have completed a specific training program designed to enhance their skills as educators.

### **F. Presenter of Cardio-Oncology topics at the Oncology School**

[ 06/2021 ]

Organized by the Hellenic Society of Medical Oncology (HESMO).

[ 2022 – 2023 ] **G. Presenter of Cardio-Oncology topics at the Oncology School of HESMO**

[ 2025 ] **H. Educational courses in Cardio-Oncology for cardiology residents by the Hellenic Cardiology Society**

**I. Lectures and Educational Contributions in Cardiology**

1. Clinical Teaching at Aristotle University of Thessaloniki (1994-1998), I was dedicated to educating third and fifth-year medical students

at Aristotle University of Thessaloniki (ΑΠΘ).

2. Educational Initiatives at General Hospital of Naoussa (2000-2004), I contributed further to education as a consultant

cardiologist at General Hospital Naoussa.

3. Locum Associate Professor with Full Qualifications in the School of Health and Welfare Professions at the Higher Technological Educational Institute of Thessaloniki. I served as a Locum Associate Professor at the School of Health and Welfare Professions at the Higher Technological Educational Institute of Thessaloniki for ten academic semesters during 1999-2000, 2004-2005, 2005-2006, 2006-2007, and 2007-2008.

4. I participated as a speaker in the educational program of the 4th Internal Clinic of Aristotle University of Thessaloniki, Ippokration Hospital, for 10 years.

5. I participated as a speaker in the educational program of Theageneio Cancer Hospital for 21 years on topics related to general cardiology and cardio-oncology.

6. I participated as President, presenter, and commentator at many Greek and international conferences and seminars, as well as a member of the organizing and scientific committee in many Greek and international conferences, seminars, and schools.

**CONFERENCES & SEMINARS**

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**Participated actively in 22 international educational seminars, 44 Greek educational/clinical seminars, 75 international conferences, and 170 Greek conferences.**

**PUBLICATIONS**

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**A. 29 Peer Reviewed Publications in International Journals**

**B. 11 Peer-Reviewed Publications in Greek Journals**

**C. 62 Peer Reviewed Publications of Abstracts in International Journals and Presentations at International Conferences**

**D. 116 Peer reviewed Publications of abstracts in Greek journals and announcements at Greek conferences**

## HONOURS AND AWARDS

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- [ 2004 ] **The Organizing Committee of the 19th Medical Conference of Northern Greece, 2004, awarded the first prize and prize money**
- [ 2004 ] **The Organizing Committee of the 7th Cardiology Congress of Central Greece, Larissa 2004, awarded the 3rd prize and prize money**
- [ 2006 ] **The Organizing Committee of the 14th Panhellenic Oncology Congress, Thessaloniki 2006, awarded the 1st Prize and a prize money**
- [ 2006 ] **The Organizing Committee of the 14th Panhellenic Oncology Congress, Thessaloniki 2006, awarded the 1st Prize and a prize money**
- [ 2006 ] **The Organizing Committee of the 21 st Medical Congress of Northern Greece, 2006, awarded the second prize and prize money**
- [ 2010 ] **The Organizing Committee of the 25 th Medical Congress of Northern Greece, 2010, awarded the prize "In memory of Simeon and Mary Gerasimidis" and prize money**

## AUTHORIZED BOOKS/ CHAPTER IN BOOKS

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- [ 2004 ] **The study of the left atrium in atrial fibrillation.**  
Doctoral thesis. Submitted to the Department of Medicine, Aristotle University of Thessaloniki, 2004.
- [ 2024 ] **Survey on the implementation and usefulness of the European guidelines for Cardio-oncology 2024.**
- [ Current ] **Official Book of Cardio-oncology**  
To be published in 2025, under the auspices of the Hellenic Cardiological Society

## EDITORIAL ACTIVITIES

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### Reviewer Contributions in International Journals

1. Heart Journal: 13/6/2006
2. Heart Journal: 14/8/2006,
3. International Journal of Cardiology: 20/3/2008
4. International Journal of Cardiology:10/5/2008
5. Lung Cancer Journal: 21/3/ 2010
6. Journal of Biophysics and Structural Biology : 13/01/2011
7. Reviewer on 15/06/2011 in the International Journal of Cardiology
8. Reviewer on 13/12/2011 in the journal Rare Tumors
9. Reviewer on 13/06/2012 in the International Journal of Cardiology
10. Reviewer on 25 /10 2013 in IJC Heart Vessels
11. 13/10/2014 reviewer in Hippokratia journal
12. Reviewer on 28/10/2016 in the Journal of Cancer Therapy (JCT)
13. Reviewer to Supportive Care in Cancer (JSCC), June 2020.
14. Reviewer to Hippokratia journal on 11.12.2021.
15. Reviewer to Blood advances Journal 18/06/2024