






CHRYSA-PARASKEVI DASKALOU

RN NURSE
SPECIALIZING IN INTENSIVE AND
EMERGENCY NURSING

Contact

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Technical skills

- Certified excellent PC knowledge (MS Word 2021, MS Excel 2021, MS EDGE - MS Outlook 2021)
- Driving licence category B
- Photography awards

Education

POSTGRADUATE STUDENT IN THE MASTER'S
DEGREE PROGRAM "ADMINISTRATION AND
ORGANIZATION OF HEALTH AND SOCIAL CARE
SERVICES"

Aristotle University of Thessaloniki, School of Medicine
October 2024-today

RN NURSE

University of Thessaly, Larissa
August 2020-July 2024

HIGH SCHOOL GRADUATE WITH HONORS

4th High School of Veria
September 2017- June 2019

Languages

GREEK NATIVE SPEAKER

C2 ENGLISH LANGUAGE

University of Cambridge

ITALIAN LANGUAGE KNOWLEDGE

Attending Italian language courses to obtain a B2 level language
proficiency certificate (Università di Perugia, Celi 3)

Skills

- Sociable and communicative
- Cooperative and team player
- Patient, willing and honest
- Self-awareness and self-confidence
- Multi-tasking
- Highly effective at following instructions to
achieve personal and team goals
- Use critical thinking to create something
unique and innovative
- Empowerment of others
- Creativity and innovation
- Love helping and assisting others
- Adaptability

Courses & Programmes

SCHOOL NURSE PROGRAMME

Hellenic Society of Pediatric Nursing, May 2025

STROKE WORLD BETWEEN PROFESSIONS AND CULTURES

BIP Erasmus programme by University of Udine

11 of April- 30 of May 2024

MANAGEMENT OF CHRONIC CONDITIONS THROUGH TELEMEDICINE- LTTA ERASMUS PROGRAMME

Course and BeEmTeL LTTE Erasmus programme by

Università del Piemonte Orientale, SIMNOVA

January 2023- March 2024

Immersive week 4-8 of March 2024, Novara, Italy

EDUCATIONAL SEMINAR ABOUT

VOLUNTEER PRINCIPLES

Programme by Gestalt Foundation

October 2022- December 2022

COVID-19: EFFECTIVE NURSING IN TIMES OF CRISIS

Course by Johns Hopkins University, Jhpiego and Johns

Hopkins School of Nursing, 2021

ITALIAN FOR BEGINNERS 1: MEETING, GREETING AND EATING

The Open University, 2020

Certifications & Seminars

CONCERNS IN NURSING ADMINISTRATION

DIFFICULTIES IN MANAGING HUMAN

RESOURCES

Hellenic Society of Pediatric Nursing, February 2025

BLOOD DONATION- TRANSFUSION

NURSING

Seminar by University of Thessaly, March 2024

BLS PROVIDER

Larissa, Greece, 2023

AIRWAY MANAGEMENT AND INTUBATION

Seminar by University of Thessaly, July 2023

DETECTION AND MANAGEMENT OF CHILD

ABUSE BY THE NURSE IN THE EMERGENCY

DEPARTMENT

Seminar by University of Thessaly, July 2023

WOUND CARE SEMINAR AND STITCHES

LEARNING

Summer School, July 2023, Department of Nursing,

University of Thessaly

RADIATION AND RADIATION PROTECTION

Seminar by University of Thessaly, May 2023

COVID-19 PATIENT MANAGEMENT

EEKKAA, December 2020

Work experience

INTENSIVE AND EMERGENCY NURSING

SPECIALIST

General Hospital of Veria

March 2025-today

TRAVEL AGENCY FRONT AND BACK OFFICE, BOOKING MANAGEMENT, BOAT TOUR SALES, CHECK-IN PROCESS

Zefiros Half-Day Boat Tours

July 2024- October 2024

NURSE

Summer Camp Tsaf Tsouf, Orfani, Kavala

June 2022- September 2022

NURSE

Clinical Practise in the University Hospital and the General

Hospital in Larissa from 2021-2024

ESCORT TO A PERSON WITH DISABILITIES

Summer Camp Tsaf Tsouf, Orfani, Kavala

August 2021- September 2021

MEMBER OF ENTERTAINMENT TEAM

Summer Camp Tsaf Tsouf, Orfani, Kavala

July 2020- September 2020

TEAM LEADRER

Summer Camp Tsaf Tsouf, Orfani, Kavala

August 2017- September 2017

Volunteer & Social Work

VOLUNTEER AT THE ASSOCIATION OF

CANCER PATIENTS IN LARISSA

October 2022- today

PARTICIPATED IN “RUN FOR AUTISM” AS

A RUNNER

Larissa, April of 2024

VOLUNTEER IN A YOUTH EXCHANGE IN

ITALY ABOUT ADDICTIONS

New wellness education, Lecce, South Italy

December 2023, Lecce

VOLUNTEER IN ESC ENVIRONMENTAL

PROGRAM IN ITALY

Legambiente, Turin, North Italy

July 2021- August 2021

VOLUNTARY PARTICIPATION IN

THEATRE PERFORMANCES WITH

CHILDREN WITH DISABILITIES AND

AWARENESS-RAISING ON DOMESTIC

VIOLENCE

Municipal Regional Theatre of Veroia

2018