



Nikolaos Ftaras

Nationality: Greek **Date of birth:** 08/07/2001 **Phone:** (+30) 6984169332

Email: nikosphtaras@gmail.com

Home: Thessaloniki (Greece)

EDUCATION AND TRAINING

Final-year Medical Student

Aristotle University of Thessaloniki [09/2019 – Current]

City: Thessaloniki | **Country:** Greece | **Website:** <https://www.med.auth.gr/>

LANGUAGE SKILLS

Mother tongue(s): Greek

Other language(s):

English

LISTENING C2 **READING** C2 **WRITING** C2

SPOKEN PRODUCTION C2 **SPOKEN INTERACTION** C2

German

LISTENING B1 **READING** B1 **WRITING** B1

SPOKEN PRODUCTION B1 **SPOKEN INTERACTION** B1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

RESEARCH AND PUBLICATIONS

Member of the Research Team 'CardioMining Study Group'

Participation in the collection and analysis of data from patients suffering from cardiovascular diseases in the forthcoming publication titled 'Clinical Profiles and Temporal Trends of 37,741 Cardiovascular Hospitalizations in Greece over 12 years: Initial Insights from the CardioMining Database'

VOLUNTEERING

[10/07/2024 – 25/07/2024] Mouzaki, Karditsa, Greece

Enhancement of local health units – Medical outreach initiative

Active participation in the activities of the health center. Contribution to their work by engaging in various activities and providing support in various medical and healthcare programs. Key Skills: Blood Collection, Clinical Examination, Wound Suturing, Urinary Catheterization, Prescription Writing.

Link: <https://www.eefie.org/apovasis/>

CONFERENCES & SEMINARS

[2025] Thessaloniki

Immediate Life Support (ILS) Course

Key Skills: Recognition of Need, CPR (Cardiopulmonary Resuscitation), Use of External Defibrillator , Wound Stabilization, Drowning Management.

Link: <https://www.erc.edu/courses/immediate-life-support>

[2025] Thessaloniki

31st ESFIE Scientific Conference of Medical Students of Greece.

Oral presentation at the Urology Round Table of Aristotle University of Thessaloniki.

Link: <https://31esfie.gr/>

[2024] Thessaloniki

Emergency Conditions in Internal Medicine

Presentation of a Nephrological case with the topic of hypertensive crisis.

Link: <https://eefie.org.gr/epeigoyses-katastaseis-stin-esoteriki-pathologia/>

SKILLS

Microsoft Office / EXCEL / WORD / POWERPOINT / Internet / Gmail / Social Media (Facebook Instagram Youtube)