



Hellenic Republic



UNIVERSITY OF WEST ATTICA

SCHOOL OF PUBLIC HEALTH

DEPARTMENT OF PUBLIC & COMMUNITY HEALTH

UNIVERSITY OF WEST ATTICA
ATHENS CAMPUS

ALEXANDRAS AVENUE 196 ATHENS

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DIPLOMA SUPPLEMENT

The purpose of the Diploma Supplement is to provide sufficient independent data to improve the international 'transparency' and fair academic and professional recognition of qualifications (diplomas, degrees, certificates etc.). It is designed to provide a description of the nature, level, context, content and status of the studies that were pursued and successfully completed by the individual named on the original qualification to which this supplement is appended. It is free from any value judgements, equivalence statements or suggestions about recognition. This Diploma Supplement model was developed by the European Commission, Council of Europe and UNESCO.



1. INFORMATION IDENTIFYING THE HOLDER OF THE QUALIFICATION

- | | | |
|-----|--|--------------|
| 1.1 | Last name(s) | SKAFIDA |
| 1.2 | First name(s) | CHRISTINA |
| 1.3 | Father's name | MICHAIL |
| 1.4 | Mother's name | AIKATERINI |
| 1.5 | Date of birth
(dd/mm/yyyy) | |
| 1.6 | Student identification
number or code (if
available) | 667150390242 |

2. INFORMATION IDENTIFYING THE QUALIFICATION

- | | | |
|-----|--|--|
| 2.1 | Name of qualification and (if
applicable) title conferred
(in original language) | Bachelor Degree in Public and Community Health |
| 2.2 | Main field(s) of study for the
qualification | Public and Community Health (Health Education & Health
Promotion) |
| 2.3 | Name and status of
awarding Institution (in
original language) | University of West Attica, (Panepistimio Dytikis Attikis), Public
University. UNIWA has in place an internal Quality Assurance
System (IQAS) |
| 2.4 | Name and status of
institution (if different from
2.3) administering studies
(in original language) | As in 2.3 |
| 2.5 | Language(s) of instruction/
examination | Greek |



3. INFORMATION ON THE LEVEL AND DURATION OF THE QUALIFICATION

3.1 Level of the qualification First Cycle - EQF Level 6

3.2 Official duration of programme in credits and/or years

4 Years – 8 Semesters – 240 ECTS

3.3 Access requirements(s)

1. Success in national entrance exams upon completion of upper secondary education or
2. Success in university entrance exams only for university graduates

4. INFORMATION ON THE PROGRAMME COMPLETED AND THE RESULTS OBTAINED

4.1 Mode of study

1. Full time or

2. Part time upon request and approval as a special case

4.2 Programme learning outcomes

Upon successful completion of the study program, graduates are equipped with the necessary scientific knowledge, abilities and skills so as to be able to:

- design, implement and evaluate integrated health promotion programs in the context of primary secondary and tertiary prevention
- formulate strategies for health promotion and health prevention
- participate in the development of support networks and community empowerment
- participate in the development of public health strategies
- continue in postgraduate studies

A student who has earned 240 (two hundred and forty) ECTS credits is considered a graduate by the Regulation of Studies.

4.3 Programme details, individual credits gained and grades/marks obtained

No	Code	Course title	Examination Period	Course Type	Credits ECTS	Grade
1	KN-101	ANATOMY	2016 Fall	CC	6	7.3
2	KN-102	PHYSIOLOGY	2015 Fall	CC	5	8.0
3	KN-103	MICROBIOLOGY	2015 Fall	CC	6.5	7.6
4	KN-104	PRINCIPLES OF PUBLIC HEALTH	2015 Fall	CC	6	6.0
5	KN-105	HEALTH INFORMATICS	2015 Fall	CC	6.5	8.4
6	KN-201	HEALTH AND DISEASE	2016 Fall	CC	4.5	6.3
7	KN-202	MAN, ENVIRONMENT AND HEALTH	2015 Spring	CC	5	9.5
8	KN-203	PRINCIPLES OF PREVENTION FOR COMMUNICABLE AND NON COMMUNICABLE DISEASES	2017 Spring	CC	5	5.3

No	Code	Course title	Examination Period	Course Type	Credits ECTS	Grade
9	KN-204	PRINCIPLES OF EPIDEMIOLOGY	2015 Spring	CC	5.5	7.7
10	KN-205	BIOSTATISTICS	2015 Spring	CC	5.5	6.7
11	KN-206	HEALTH SOCIOLOGY	2016 Spring	CC	4.5	7.5
12	KN-301	INTERNATIONAL PUBLIC HEALTH	2018 Fall	CC	4.5	5.0
13	KN-302	INTRODUCTION TO RESEARCH METHODOLOGY	2017 Spring	CC	6.5	5.3
14	KN-303	BIOETHICS AND PUBLIC HEALTH LEGISLATION	2018 Fall	CC	5	5.0
15	KN-304	HEALTH ECONOMICS-HEALTH SERVICES ORGANIZATION	2018 All	CC	5	7.0
16	KN-305	HEALTH AID	2015 Spring	CC	4.5	7.4
17	KN-307B	NUTRITION AND HEALTH	2017 Fall	CE	4.5	8.6
18	KY-401	INTERNAL MEDICINE	2017 Fall	COC	5.5	8.8
19	KY-402	PAEDIATRICS	2016 Fall	COC	5.5	6.3
20	KY-403	GYNAECOLOGY-OBSTETRICS	2016 Fall	COC	5.5	7.5
21	KY-404	NEUROLOGY- PSYCHIATRY	2016 Spring	COC	6.5	6.3
22	KY-405	PHARMACOLOGY	2016 Fall	COC	3	9.0
23	KY-406	HEALTH PSYCHOLOGY	2016 Spring	COC	4	6.0
24	KY-501	ADVANCED EPIDEMIOLOGY	2017 Fall	COC	6	7.1
25	KY-502	HEALTH PROMOTION & HEALTH EDUCATION - PRINCIPLES & METHODS	2016 Fall	COC	6	9.1
26	KY-503	PRIMARY HEALTH CARE-PRINCIPLES, METHODS & APPLICATIONS	2019 Fall	COC	6	7.8
27	KY-504	SOCIAL INEQUALITIES IN HEALTH-PROTECTION OF VULNERABLE SOCIAL GROUPS	2018 Fall	COC	3	6.0
28	KY-505	PREVENTION AND PROMOTION OF MENTAL HEALTH	2018 All	COC	5	8.0
29	KY-506B	COGNITIVE AND BEHAVIOURAL MODELS IN PSYCHOLOGY	2018 Fall	EC	4	8.0
30	KY-601	PREVENTION & HEALTH PROMOTION IN THE SCHOOL SETTING	2017 Spring	COC	6.5	8.2
31	KY-602	PREVENTION & HEALTH PROMOTION IN THE WORKPLACE SETTING	2017 Spring	COC	6.5	7.0
32	KY-603	HEALTHY AGING	2016 Spring	COC	6.5	9.5
33	KY-604	MATERNAL & CHILD HEALTHCARE-FAMILY HEALTH	2018 Spring	COC	6.5	9.2
34	KY-605B	SOCIAL AND HUMAN RESOURCES DEVELOPMENT IN COMMUNITY SETTING	2018 All	EC	4	7.0
35	KY-701	PREVENTION & HEALTH PROMOTION IN THE COMMUNITY	2017 Fall	COC	13	6.4
36	KY-702	SOCIAL PROBLEMS & INTERVENTION	2017 Spring	COC	4	6.5
37	KY-703	REHABILITATION FOR CHRONIC ILLNESSES	2018 All	COC	4	9.0
38	KY-704	COMMUNICATION & CONSULTATION SKILLS	2019 Fall	COC	5	8.0
39	KY-705A	CASE MANAGEMENT	2020 Fall	EC	4	8.0
40	KY-801	PREVENTION & HEALTH PROMOTION IN THE COMMUNITY-FIELDWORK-REPORT	2018 Spring	COC	14	8.8
41	KY-802	HEALTH OF MIGRANT POPULATIONS-INTERCULTURAL HEALTH	2017 Spring	COC	4	7.9

No	Code	Course title	Examination Period	Course Type	Credits ECTS	Grade
42	KY-803	SOCIAL ENTREPRENEURSHIP	2017 Spring	COC	4	7.0
43	KY-804	PUBLIC HEALTH EMERGENCIES	2018 Spring	COC	4	5.0
44	KY-805Γ	PRACTICAL TRAINING	2020 Fall	EC	4	10.0
Total sum of course credits ECTS					240.0	

CC : Compulsory Course, CE : Compulsory Elective, COC : Compulsory Orientation Course, EC : Elective Orientation Course

4.4 Grading system and, if available, grade distribution table

The grading scale runs from 1 to 10. Passing grades run from 5 to 10 as follows:

- 8.50 – 10 = excellent
- 6.50 – 8.49 = very good
- 5.00 - 6.49 = good

4.5 Overall classification of the qualification (in original language)

7,40 (Very Good (Λίαν Καλώς))

5. INFORMATION ON THE FUNCTION OF THE QUALIFICATION

5.1 Access to further study

Access to postgraduate studies

5.2 Access to a regulated profession (if applicable)

Upon completion of the study curriculum graduates acquaint the necessary scientific knowledge and skills so as to be able to understand the complex nature of public and community health issues and to take scientific-based actions to protect and promote the health of the population and improve the country's Public Health system. Graduates can work in both public sector institutions (e.g. National Public Health Organization, Health Centers, Municipalities, Regional Health Departments, etc.), in private sector institutions (e.g. in the context of health protection and health promotion of employees in enterprises, etc.). Moreover, in Non-Governmental Organizations' activities (e.g. social capital development, community development, etc.), and in research centers and international organizations (e.g. WHO, etc.).

6. ADDITIONAL INFORMATION

6.1 Additional information

The student has completed his/her studies at the 6th EQF/NQF level and, specifically, in the Department of Public and Community Health, School of Public Health at the University of West Attica, Athens, Greece.

(Additional courses that are not required for the degree)

6.2 Further information sources

- Department of Public and Community Health: <https://www.uniwa.gr/spoydes/scholes-kai-tmimata/sph/pch/>
- University of West Attica: www.uniwa.gr
- Ministry of Education and Religious Affairs: www.minedu.gov.gr
- European Union Website : <http://www.europa.eu>
- Eurydice: https://eacea.ec.europa.eu/national-policies/eurydice/index_en
- <http://www.doatap.gr>


7. CERTIFICATION OF THE SUPPLEMENT

Date

7/2/2025

Official stamp or seal

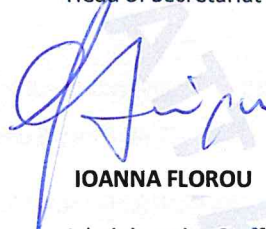
Head of Department


**KONSTANTINA TSAMPOUKOU-
SKANAVI**
 Professor

Vice Rector of Academic Affairs
and Quality Assurance



Head of Secretariat


IOANNA FLOROU
 Administrative Staff

8. INFORMATION ON THE NATIONAL HIGHER EDUCATION SYSTEM

Key Features of the Education System

The provision of free education to all citizens and at all levels of the state education system is a constitutional principle of the Greek State. The Greek educational system is centralised. National laws, presidential decrees and ministerial acts are prevalent within it. The central administrative body for the education system across all fields, agencies and levels is the Ministry of Education and Religious Affairs. It takes the key decisions related to long-term objectives. It also regulates various issues, such as curricula content, staff recruitment and funding.

According to the Greek Constitution (article 16), higher education is public. It is provided only by institutions which are legal





entities of public law. HEIs enjoy full self-administration and academic freedom. They are subject to state supervision. The government finances them. No private HEIs exist in the country. Admission of students has to do with their performance in the national panhellenic exams at the end of grade C of lykeio (upper secondary school).

Law 4521/2018 established the University of West Attica. It is the merger of two technological educational institutes: TEI of Piraeus and TEI of Athens. According to law 4610/2019 the University of West Attica has merged the National School of Public Health (ESDY).



First cycle of studies EQF Level 6

During the first cycle of studies, students attend a study programme, which leads to the award of a degree (titlos spoudon). Students complete their studies and receive their degree, when they have passed the courses specified in the curriculum and accumulated the required credits. Every academic year includes educational activities corresponding to 60 credits.

Within the first cycle of studies, every institution may organise short cycle study programmes, including modules corresponding to no more than 120 credits, leading to the award of a short cycle training certificate. This certificate is by no means equivalent to a first cycle studies' degree.

Pursuant to the system established by law 4610/2019, all the scientific fields of different departments of higher education are redefined. Based on the new system, faculties are grouped into scientific fields, depending on their fields of knowledge:

Field 1: Humanities, Law and Social Sciences Field 2: Natural and Technological Sciences Field 3: Health and Life Sciences Field 4: Sciences of Economy and Informatics

Admission requirements: Graduates of lykeia (upper secondary schools) participate in the panhellenic exams being held simultaneously all over the country. The panhellenic exams are centrally supervised by the Ministry of Education and Religious Affairs. A central exams committee approves the exam topics, taking into consideration the curriculum relevant to grade C of lykeio (upper secondary school) or EPAL (vocational upper secondary school). The number of new entries in every department of higher education institutes follows the principle of numerus clausus and is defined by the Ministry of Education and Religious Affairs.

The duration of studies at the undergraduate level ranges from four (4) to six (6) years. The teaching load for each academic year is structured in two semesters, while each academic semester includes educational activities that correspond to thirty (30) credits (ECTS). Enrolled students that chose to complete the study programme of the TEI Department they were originally admitted to (the former Technological Education Institutions (TEI) Athens and Piraeus) receive the corresponding degree.

Second Cycle Programmes EQF Level 7

Departments of higher education institutions may organise second cycle programmes aiming at the specialisation of graduates in fields of knowledge adherent to the scientific fields of undergraduate study programmes. Furthermore, more than one departments of the same or other higher education institutions or research centres and institutes may organise second cycle programmes.

Autonomous departments of national HEIs collaborate with departments recognised as peer institutions or research centres and institutes abroad for the organisation and operation of joint postgraduate study programmes-PMS (law 4485/2017). By decision of the Minister of Education and Religious Affairs, the procedure for the establishment of the joint postgraduate study programmes (PMS) is defined. The issues are regulated in the EPS for any relevant topic (ministerial decision 41931/Z1/19-3-2018). The academic year begins on the 1st of September of each year and ends on the 31st of August of the following year.

The educational programme of each academic year is divided into two semesters. A second cycle programme may begin during the winter or the spring semester.





Admission requirements:

All graduates of Greek Universities or of equivalent foreign institutions can be admitted to second cycle programmes. The selection is specified in the regulation of postgraduate studies taking into consideration the following academic criteria: The overall degree grades, the grades obtained in undergraduate modules relevant to those of the postgraduate programme, the student thesis, when a thesis is required at undergraduate level, any research experience the student might possess. Another prerequisite is the knowledge of at least one foreign language besides the official language of the second cycle programme the student attends. The language's knowledge level is defined by the regulation of postgraduate studies of each second cycle programme.

Programmes outside the Bachelor and Master Structure EQF Level 7

Completion of first cycle study programmes of 10 semesters minimum duration for the acquisition of a degree in higher education institutions, may lead, under conditions, to the acquisition of an integrated master's degree equivalent to the department's specialisation (law 4485/2017).

Doctoral studies EQF Level 8

Third cycle study programmes include the writing of a doctoral dissertation leading to the award of a doctoral degree. Autonomous university departments organise these programmes. The doctoral degrees are granted by the university the department is associated with. Eligible to apply for a doctoral thesis are postgraduate degree holders of: Greek higher education institutions, Equivalent foreign institutions, Integrated master's qualification according to law 4485/2017. In exceptional cases, non-Masters' Degree holders, may be accepted as PhD students.

Supervision arrangements: Writing a doctoral dissertation is a process which demands close cooperation between the doctorate candidate and his/her supervisor. The department's general assembly appoints for each doctorate candidate a supervisor and a three-member advisory committee. The committee's main duty is to provide mentoring to doctoral candidates. The supervisor is one of the three members of the advisory committee.

For a detailed description of the Hellenic National Higher Education System please consult the file compiled by the Hellenic Service of the European Network for Education EURYDICE

https://eacea.ec.europa.eu/national-policies/eurydice/content/greece_en

Source: Eurydice 2020/21



