



## **DIPLOMA SUPPLEMENT**

### **CURSO DE LICENCIATURA EM ENFERMAGEM**

#### **PREAMBLE:**

This Diploma Supplement follows the model developed by the European Commission, Council of Europe and UNESCO/CEPES. The purpose of the supplement is to provide sufficient independent data to improve the international 'transparency' and fair academic and professional recognition of qualifications (diplomas, degrees, certificates, etc.). It is designed to provide a description of nature, level, context, content and status of the studies that were pursued and successfully completed by the individual named on the original qualification to which this supplement is appended. It should be free from any value judgments, equivalence statements or suggestions about recognition. It contains eight sections and appendices. (*Portaria nº 30/2008, January 10th*)

#### **1. INFORMATION IDENTIFYING THE HOLDER OF THE QUALIFICATION**

**1.1 Family name(s)**

**Cordeiro Costa**

**1.2 Given name(s)**

**Jéssica Filipa**

**1.3 Date of birth (year-month-day)**

**1995-09-22**

**1.4 Student identification number or code**

**Student number or code: 21301288**

**Identification document: Citizen Card**

**Identification card number: 14912401**

#### **2. INFORMATION IDENTIFYING THE QUALIFICATION**

**2.1 Name of qualification and title conferred (in original language)**

**Licenciatura em Enfermagem, conferring the title of Licenciado**

**2.2 Main field(s) of study for the qualification**

**Nursing**

**2.3 Name and status of awarding institution (in original language)**

**Escola Superior de Enfermagem de Coimbra – Public Higher Education Institution**

**2.4 Language(s) of instruction/examination**

**Portuguese**



## 3. INFORMATION ON THE LEVEL OF THE QUALIFICATION

### 3.1 Level of qualification

Ensino Superior - Licenciatura, Nível 5 (ISCED - International Standard Classification of Education)

### 3.2 Official length of programme

4 years/8 semesters/40 weeks of full-time study per year/240 ECTS (European Credit Transfer and Accumulation System)

### 3.3 Access requirements

Enrolment on the Course can be achieved through the National Competition for Access to Higher Education, the Special Regimes, the Special Access Competitions or the Re-Entry, Change of Institution/Course.

To apply for access to higher education through the National Competition, students must fulfil the requirements described in section 8.

## 4. INFORMATION ON THE CONTENTS AND RESULTS GAINED

### 4.1 Mode of study

Full time

### 4.2 Programme requirements

The main purpose of the Licenciatura em Enfermagem is the acquisition of competences for planning, performing and assessing the delivery of general nursing care to healthy and ill people throughout their lifecycle, their families, groups and communities at the three levels of prevention. It also aims at preparing students to become active members in a multidisciplinary health team, to conduct research in the health area, to train other health professionals and to participate in the management of healthcare services.

The Licenciado em Enfermagem should possess several instrumental, interpersonal and systemic competences in accordance with the profile of competencies for generalist nurses of the Ordem dos Enfermeiros (Portuguese Nursing Council) in the areas related to the professional, ethical and legal practice, care provision and management, and professional development.

To obtain the title of Licenciado em Enfermagem, students will have to successfully complete 240 ECTS credits, with a workload of 6480 hours and 4485 contact hours, including 2485 hours of clinical practice in different healthcare settings and services.

### 4.3 Programme details and the individual grades/marks/credits obtained

Scientific areas	Code	ECTS
Nursing	723	185
Health	720	18
Biology and Biochemistry	421	11
Psychology	311	8



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Philosophy and ethics	226	4
Sociology and other studies	312	4
Health - Programmes not classified in other training areas	729	4
Education Sciences	142	3
Management and Administration	345	3

The students in this programme are required to acquire the competencies defined by the Ordem dos Enfermeiros (Portuguese Order of Nurses, which regulates the access to the profession of Nurse in Portugal) for generalist nurses.

The Programme of Study with the scientific areas, total number of hours and contact hours, ECTS credits, type, academic year and the mark obtained in each course unit are enclosed as annex.

#### 4.4 Grading scheme and grade distribution guidance

Each course unit is given a grade on a scale from 0 to 20. A minimum grade of 10/20 is required to pass each of the course units of the curriculum.

The overall classification derives from the weighting of the grades of the course units. The weighting of each course unit corresponds to the number of ECTS of the course unit.

The final classification will be complemented by a qualitative reference corresponding to one of the following four grades:

10 to 13 marks	Sufficient
14 to 15 marks	Good
16 to 17 marks	Very good
18 to 20 marks	Excellent

In the academic year 2016/2017, for the graduates of the Escola Superior de Enfermagem de Coimbra, the following correspondence between the course's final classification, ranging from 10 to 20 in a full numerical scale from 0 to 20, and the ECTS Grading Scale:

<u>European Scale of Comparability of Classifications</u>	<u>Grading scale</u>
A (10% of successful students normally achieving the grade)	20 to 16 marks
B (25% of successful students normally achieving the grade)	15 marks
C (30% of successful students normally achieving the grade)	
D (25% of successful students normally achieving the grade)	14 marks
E (10% of successful students normally achieving the grade)	13 to 10 marks

#### 4.5 Overall classification of the qualification (in original language)

15 (Fifteen) marks

Good (Qualitative reference)

B (ECTS grading scale)



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### 5. INFORMATION ON THE FUNCTION OF THE QUALIFICATION

#### 5.1 Access to further study

The Curso de Licenciatura em Enfermagem allows access to postgraduate studies, in accordance with the terms described in section 8 of this supplement.

In accordance with Decree-Law no. 353/99, September 3rd, the Curso de Licenciatura em Enfermagem is one of the requisites to apply to postgraduate specialization courses in Nursing.

#### 5.2 Professional status

The Licenciatura em Enfermagem qualifies for the professional exercise of Nurse, after being assigned with a professional title by the Ordem dos Enfermeiros (Portuguese Order of Nurses).

### 6. ADDITIONAL INFORMATION

#### 6.1 Additional information (Additional activities not included in the mandatory curriculum)

Organization/participation in academic events

Participated in the event Mass Training SBV in the school year 2013/2014.

Participated in the event STOP às Úlceras Por Pressão: 4ª Jornada Mundial de Sensibilização para a sua Prevenção in the school year 2015/2016.

Participated in the event IV Congresso Internacional de Feridas in the school year 2015/2016.

Participated in the event 2º Fórum do Dia do Enfermeiro de Saúde Materna: Mulheres e recém-nascidos: no coração da obstetrícia in the school year 2015/2016.

Participated in the event Seminário Enfermagem Médico-Cirúrgica 2017 in the school year 2016/2017.

Participated in the event IX Encontro do Dia Internacional da Família in the school year 2016/2017.

#### 6.2 Further information sources

Escola Superior de Enfermagem de Coimbra - <http://www.esenfc.pt>

Ministry of Science, Technology and Higher Education - <http://www.mctes.pt>

National Higher Education System - <http://www.naricportugal.pt/NARIC>

### 7. CERTIFICATION OF THE SUPPLEMENT

#### 7.1 Date

30th May 2025

#### 7.2 Signature

Prof. Doctor António Fernando Salgueiro Amaral

#### 7.3 Capacity

The President of the Escola Superior de Enfermagem de Coimbra



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### 7.4 Official stamp or seal

All pages of this document have the Escola Superior de Enfermagem de Coimbra white seal.



### 8. Information on the Portuguese Higher Education System

The Framework Law on the Education System (Law no. 46/86 of 14 October, amended by Law no. 115/97, dated 19 September and Law no. 49/2005, dated 30 August, republished and renumbered in annex to the latter) establishes the general legal framework of the Education System.

The **educational system** comprises three levels: basic, secondary and higher education. Pre-school education is for children aged between 3 and the age of entering basic education, and is universal for children from the age of 5.

**Basic education** is universal, compulsory and free and comprises three sequential cycles, the 1st lasting four years, the 2nd lasting two years, and the 3rd lasting three years.

**Secondary education** comprises a three-year cycle (corresponding to the 10th, 11th and 12th years of schooling) and must be completed by school-aged young people, an obligation that ceases at the age of 18.

#### National Qualifications Framework

The National Qualifications Framework (QNQ) was adopted in 2009. It comprises the formal qualifications of all education and training subsystems as well as the non-formal qualifications derived from professional experience within the framework of the National Qualifications System. It includes eight levels of qualification, following the levels and descriptors of the European Qualifications Framework (EQF). The QNQ is referenced to the EQF.

#### Higher Education Structure

Portuguese higher education includes university and polytechnic education.

University education is provided by public and private university institutions while polytechnic education is provided by public and private non-university institutions.

Private higher education institutions are subject to prior recognition by the competent Ministry.

#### *Licenciado* degree

Both university and polytechnic education institutions award the degree of *licenciado*.

In polytechnic education, the cycle of studies leading to the degree of *licenciado* normally lasts six curricular semesters corresponding to 180 ECTS credits. In exceptional cases covered by national or European Union legislation, it may last up to seven or eight curricular semesters with up to 240 ECTS credits of student work.

In university education, the cycle of studies leading to the degree of *licenciado* ranges from 180 to 240 ECTS credits, and normally lasts from six to eight curricular semesters. In the 1st cycle of studies the degree of *licenciado* is awarded to those who pass all the course units of the *licenciatura* study programme, therefore obtaining the required number of credits.

The degree of *licenciado* corresponds to the level 6 of the QNQ and EQF.

#### *Mestre* degree

Both university and polytechnic education institutions award the degree of *mestre*.

The cycle of studies leading to the degree of *mestre* ranges from 90 to 120 credits, and normally lasts from three to four curricular semesters. In exceptional circumstances resulting from a stable and consolidated practice in that specific field at international level, it may amount to 60 ECTS credits and last two semesters.



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In polytechnic education, the cycle of studies leading to the *mestre* degree must ensure predominantly that the student acquires a professional specialization. In university education, the cycle of studies leading to the *mestre* degree must ensure mainly that the student acquires an academic specialization through research, innovation or development of professional competences.

In university education, the *mestre* degree may also be awarded upon completion of an integrated cycle of studies, ranging from 300 to 360 ECTS credits and usually lasting 10 to 12 curricular semesters, in cases where the access to the practice of a certain professional activity depends on that length of time in accordance with European Union legal standards or results from a regular practice consolidated within the European Union. Within this cycle of studies, the degree of *licenciado* is awarded to those who have obtained 180 ECTS credits corresponding to the first six curricular semesters.

In the 2nd cycle of studies, the degree of *mestre* is awarded to those who have passed all the course units of the *mestrado* study programme, and who have publicly defended an original dissertation, project work or traineeship report, therefore obtaining the required number of credits. The *mestre* degree corresponds to the level 7 of the QNQ and EQF.

### **Doutor degree**

The *Doutor* degree is awarded by universities and university institutes to those who have passed all the course units of the Doutoramento study programme, when applicable, and who have publicly defended an original thesis. It may also be awarded on account of a coherent and relevant set of research works or, in the field of the arts, on a work or a set of works or achievements. The *doutor* degree corresponds to the level 8 of the QNQ and EQF.

### **Cursos Técnicos Superiores Profissionais**

The *técnico superior profissional* diploma is awarded upon completion of a non-degree higher education cycle of studies entitled *curso técnico superior profissional* (CTeSP). It corresponds to a short cycle of studies within the cycle of studies leading to the *licenciado* degree. The CTeSP are provided by polytechnic higher education institutions as well as polytechnic organic units integrated in universities.

The CTeSP have 120 ECTS credits and normally last four curricular semesters including general, scientific and technical subjects, as well as a training period at the workplace.

### **Other diplomas**

Higher education diplomas may also be awarded following the partial completion of a cycle of studies. In such cases, the chosen title must differ from the title of the final award of the applicable degree.

Diplomas may also be awarded for non-degree courses, some of which are regulated, e.g. postgraduate specialization courses in Nursing or supplementary courses in Nursing or Teaching.

### **Access conditions**

Admission to higher education institutions is subject to *numerus clausus*.

### **Admission to the first cycle of studies**



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### **General regime**

National and foreign students wishing to apply to the 1st cycle of studies leading to the *licenciado* degree through the general regime must fulfil the following conditions:

- Have successfully completed a secondary education course or a national or foreign qualification legally equivalent;
- Have taken the entrance exams required for the programme the student wishes to attend with a mark equal or higher than the minimum required (there are higher education institutions that accept foreign tests or exams);
- Have fulfilled the prerequisites (when applicable) of the programme the student wishes to attend.

An annual competition is held by the Directorate-General for Higher Education for admission to public higher education through the general regime.

Institutional competitions are held for admission to private higher education through the general regime.

### **Special conditions**

Besides the *regime geral* (general regime), there are special conditions that apply to top-level athletes, Portuguese citizens on an official mission abroad, national or foreign diplomatic staff, permanent staff of the Portuguese Armed Forces, and scholarship holders within the framework of cooperation agreements agreed by Portugal.

An annual competition is held by the Directorate-General for Higher Education for admission to public higher education through the special conditions.

### **Special competitions**

Besides the general regime and the special conditions, there are special competitions for applicants holding specific qualifications, thus opening higher education to new publics in a lifelong learning perspective, namely:

- Applicants over 23 years old who have passed special exams for assessing their capacity to accede to higher education;
- Holders of other higher education courses, *técnico superior profissional* diplomas, and *diploma de especialização tecnológica* (a post-secondary course certificate).
- Holders of the *licenciado* degree wishing to apply to Medicine.
- International students.

In addition, students who have been or are registered and enrolled in higher education are allowed to apply for readmission or to opt for another institution/programme pairing.

The special competitions for applying to higher education are held by higher education institutions.

### **Admission to the second cycle of studies**

Those who meet the following conditions may apply to the 2nd cycle of studies leading to the *mestre* degree:

- Holders of the *licenciado* degree or legal equivalent;
- Holders of a foreign academic degree duly recognized as satisfying the objectives identical to the *licenciado* degree by the relevant scientific body of the higher education institution they wish to be admitted to;
- Holders of an academic, scientific or professional *curriculum vitae* that is recognized as attesting to the capacity to carry out this cycle of studies by the relevant scientific body of the higher education institution they wish to be admitted to.

The relevant bodies of each higher education institution are responsible for the regulations, application requirements and selection criteria for admission to this cycle of studies.



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The access and admission to the integrated cycle of studies leading to the *mestre* degree are governed the norms applicable to the access and admission to the 1st cycle of studies leading to the *licenciado* degree.

### Admission to the third cycle of studies

Those who meet the following conditions may apply to the 3rd cycle of studies leading to the *doutor* (doctor) degree:

- Holders of a *mestre* (master) degree or legal equivalent;
- Holders of a *licenciado* degree who have a particularly relevant academic or scientific *curriculum vitae* that is recognized as attesting the capacity to carry out this cycle of studies by the relevant scientific body of the higher education institution they wish to be admitted to.
- Holders of an academic, scientific or professional *curriculum vitae* that is recognized as attesting the capacity to carry out this cycle of studies by the relevant scientific body of the higher education institution they wish to be admitted to.

The relevant bodies of each higher university or university institute are responsible for the regulations, application requirements and selection criteria for admission to this cycle of studies.

### Admission to CTeSP

Those who meet the following conditions may apply to a CTeSP:

- Holders of a secondary education course or legal equivalent;
- Applicants aged over 23 who have passed the special exams for assessing their capacity to attend higher education required for a particular course;
- Holders of *diploma de especialização tecnológica*, *técnico superior profissional* diploma or of a degree wishing to undergo reskilling.

The specific conditions to apply for a *técnico superior profissional* course are set by higher education institutions, according to the field of the course.

The competitions are held by higher education institutions.

### Classification system

The *técnico superior profissional* diploma, as well as the *licenciado* and *mestre* degrees are assigned a 10-20 final classification on a numerical scale from 0 to 20, as well as its equivalent in the European scale of comparability of classifications.

The academic degree of *doutor* is assigned a final classification pursuant to the regulating standards approved by the awarding university or university institute.

### WHERE APPLICABLE

#### Former higher education structure

#### Degree programmes

Prior to Law no. 49/2005, dated 30 August, and ensuing adoption of the regulatory principles for the creation of the European Higher Education Area:



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- The degrees of *bacharel*, *licenciado*, *mestre* and *doutor* were awarded in university education;
- The degrees of *bacharel* and *licenciado* were awarded in polytechnic education;
- Diploma to *licenciatura* programmes, organized in two stages, the first leading to the *bacharel* degree and the second to the *licenciado* degree, could be provided in polytechnic education. The first stage lasted six semesters and the second lasted two to four semesters;
- The programmes leading to the *bacharel* degree usually lasted three years, but under certain conditions could be one or two semesters shorter;
- The programmes leading to the *licenciado* degree usually lasted four years, but under certain conditions could one to four semesters longer;
- The programmes leading to the *mestre* degree had a maximum length of four semesters;
- Degree programmes were not assigned a given range of ECTS credits.

The former degrees remain valid as there is no matching mechanism or automatic conversion from the former to the current degrees.

The degrees and diplomas prior to the Bologna Process implementation were given the following correspondences within the framework of the QNQ:

- The *bacharel* and *licenciado* degrees correspond to level 6;
- The *master* degree corresponds to level 7;
- The *doutor* degree corresponds to level 8.

### ***Cursos de Especialização Tecnológica***

Higher education institutions were given the deadline of 31 December 2016 to conclude the provision of post-secondary courses aimed at specialized professional training, entitled *Cursos de Especialização Tecnológica* (CET).

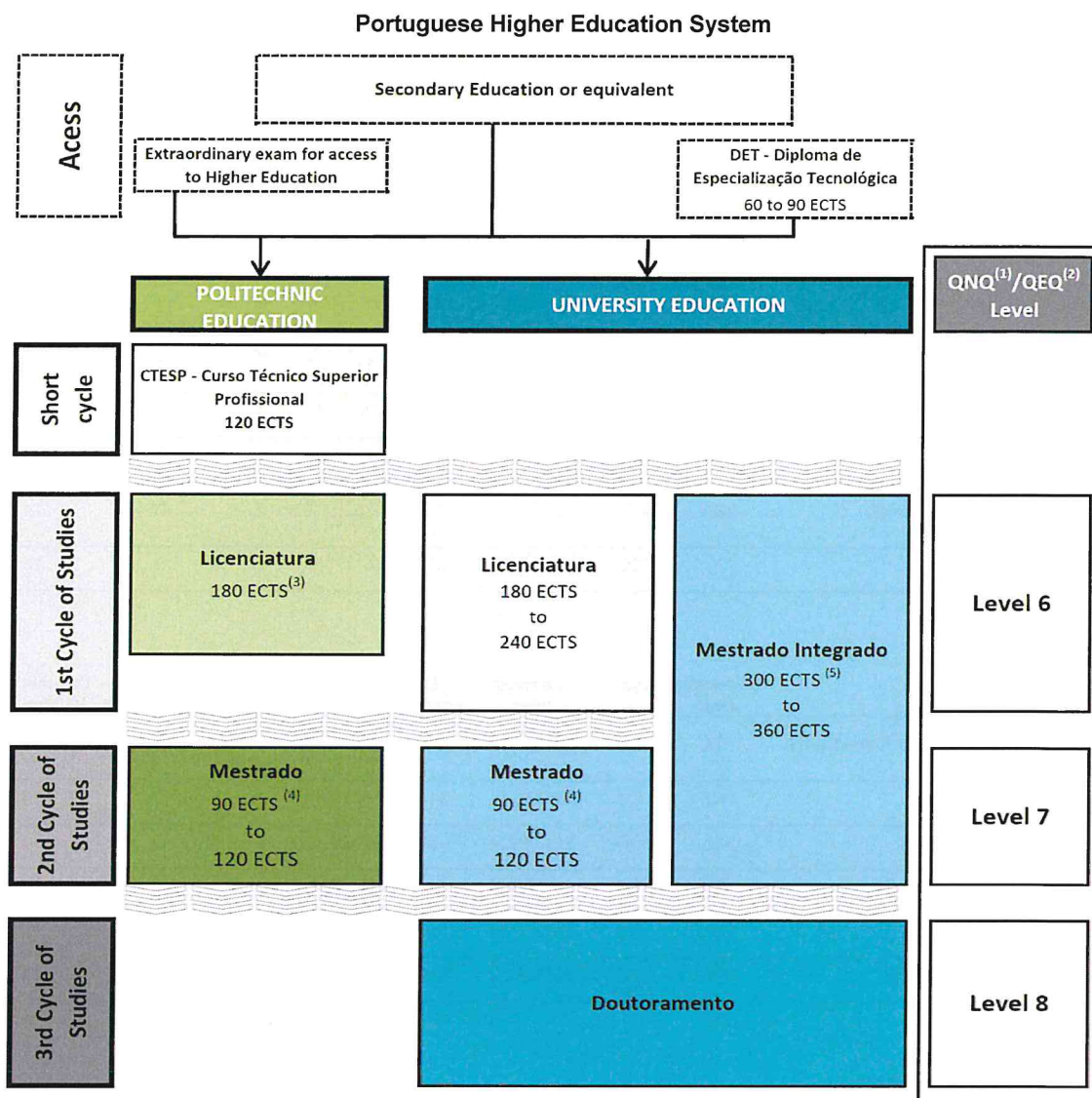
The CET range from 60 to 90 ECTS credits and include subjects in general, scientific and technical areas, as well as a training period at the workplace.

The completion of a CET implies a technological specialization certificate providing a level 4 professional qualification, in accordance with Council Decision 85/368/CEE of 16 July, which corresponds to a level 5 qualification within the framework of the QNQ.



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(1) QNQ - National Qualifications Framework.

(2) QEQ - European Qualifications Framework.

(3) Except when in order to exercise a certain professional activity requiring education and training ranging between 210 and 240 ECTS.

(4) In exceptional circumstances, a cycle of studies leading to a Mestre degree in a specialized field may have 60 credits, resulting from a stable and consolidated practice in that specific field at international level.

(5) A Mestre degree may also be awarded following an integrated cycle of studies, for access to a professional activity, if the length: a) is established by European Union regulations; b) results from a regular and consolidated practice within the European Union; in such cases, a Licenciado degree is awarded to students having obtained 180 ECTS (3 years, 6 semesters).



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## PROGRAMME OF STUDY

### Curso de Licenciatura em Enfermagem

Date of course completion: 2017-07-07

#### 1st Semester

Curricular units	Scientific area	Type	Academic year	Total hours	Contact hours	ECTS	ECTS classification	Classification (0-20 marks)
Epistemology of Nursing	723	CO	2013/2014	108	T:36; TP:18;	4	E	10
Nursing Fundamentals and Procedures I	723	CO	2013/2014	270	T:70; TP:34; PL:44; OT:2;	10	C	13
Microbiology and Parasitology	421	CO	2013/2014	81	T:36; TP:9;	3	C	11
Developmental Psychology	311	CO	2013/2014	108	T:27; TP:27;	4	C	13
Nursing Ethics and Deontology	226	CO	2013/2014	108	T:27; TP:18; OT:6;	4	C	14
Anatomophysiology I	720	CO	2013/2014	135	T:45; TP:18;	5	D	10

#### 2nd Semester

Curricular units	Scientific area	Type	Academic year	Total hours	Contact hours	ECTS	ECTS classification	Classification (0-20 marks)
Nursing Fundamentals and Procedures II	723	CO	2013/2014	270	T:56; TP:40; PL:52; OT:2;	10	C	12
Health Education	142	CO	2013/2014	81	T:18; TP:18;	3	C	14
Health Socio-Anthropology	312	CO	2013/2014	108	T:36; TP:18;	4	D	11
Pharmacology	421	CO	2013/2014	81	T:36; TP:9;	3	B	13
Anatomophysiology II	720	CO	2013/2014	135	T:45; TP:18;	5	D	10
Biochemistry and Biophysics	421	CO	2013/2014	135	T:45; TP:18;	5	C	11

#### ABBREVIATIONS

##### Scientific areas

142	Education Sciences
226	Philosophy and ethics
311	Psychology
312	Sociology and other studies
345	Management and Administration
421	Biology and Biochemistry
720	Health
723	Nursing
729	Health - Programmes not classified in other training areas

##### Contact hours

EC	Clinical Practice
OT	Tutorial Orientation
PL	Laboratory Practice
S	Seminar
T	Theoretical
TP	Theoretical-practical

##### Type

CO	Compulsory
OP	Optional



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Date of course completion: 2017-07-07

#### 3rd Semester

Curricular units	Scientific area	Type	Academic year	Total hours	Contact hours	ECTS	ECTS classification	Classification (0-20 marks)
Medical-Surgical and Rehabilitation Nursing	723	CO	2014/2015	243	T:40; TP:61; PL:42; OT:3;	9	C	12
Community and Family Nursing	723	CO	2014/2015	189	T:45; TP:36; PL:9; OT:4;	7	E	11
Health and Group Systems Psychology	311	CO	2014/2015	108	T:18; TP:36; OT:3;	4	C	14
Personal Development and Relational Skills in Nursing	729	OP	2014/2015	54	T:27;	2	B	15
Epidemiology	720	CO	2014/2015	81	T:18; TP:18; OT:3;	3	E	10
Pathology	720	CO	2014/2015	135	T:54; TP:9;	5	C	11

#### 4th Semester

Curricular units	Scientific area	Type	Academic year	Total hours	Contact hours	ECTS	ECTS classification	Classification (0-20 marks)
Clinical Practice - Nursing Fundamentals	723	CO	2014/2015	810	EC:700;	30	B	17

#### Clinical Practice - Nursing Fundamentals

Fundamentos - Comunitária - 350 hours; Área Geográfica/Freguesia - Eiras e S. Paulo de Frades 1

Fundamentos - Hospitalar - 350 hours; Coimbra University Hospital Centre - General Hospital - Nefrology B/Dialysis B



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Date of course completion: 2017-07-07

#### 5th Semester

Curricular units	Scientific area	Type	Academic year	Total hours	Contact hours	ECTS	ECTS classification	Classification (0-20 marks)
Maternal Health Nursing and Obstetrics	723	CO	2015/2016	162	T:54; TP:18; PL:9;	6	D	13
Child Health Nursing and Pediatrics	723	CO	2015/2016	162	T:54; TP:18; PL:9;	6	E	10
Elderly Health Nursing and Geriatrics	723	CO	2015/2016	135	T:44; TP:18; PL:9;	5	E	10
Mental Health Nursing and Psychiatrics	723	CO	2015/2016	162	T:54; TP:18; PL:9;	6	B	14
Preventive and Therapeutic Approaches to Substance Use/Abuse	729	OP	2015/2016	54	T:27;	2	C	15
Nursing Research Methodology	723	CO	2015/2016	135	T:36; TP:36; PL:9;	5	D	11

#### 6th Semester

Curricular units	Scientific area	Type	Academic year	Total hours	Contact hours	ECTS	ECTS classification	Classification (0-20 marks)
Clinical Practice - Primary / Differentiated Care	723	CO	2015/2016	810	EC:700;	30	B	17

#### Clinical Practice - Primary / Differentiated Care

Community Health and Family Nursing - 350 hours; ARS -Regional Health Administration of Central Portugal, I.P. - Health Centre Clusters of Baixo Mondego - Health Care Centre of Soure

Maternal Health and Obstetric Nursing - 175 hours; Coimbra University Hospital Centre - Maternity Hospital Dr. Daniel de Matos - Maternal-Fetal Medicine

Child Health and Pediatric Nursing - 175 hours; Coimbra University Hospital Centre - Pediatric Hospital - Orthopedics



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Date of course completion: 2017-07-07

#### 7th Semester

Curricular units	Scientific area	Type	Academic year	Total hours	Contact hours	ECTS	ECTS classification	Classification (0-20 marks)
Clinical Practice - Primary / Differentiated Care	723	CO	2016/2017	810	EC:700;	30	B	18

#### 8th Semester

Curricular units	Scientific area	Type	Academic year	Total hours	Contact hours	ECTS	ECTS classification	Classification (0-20 marks)
Nursing in Continuous Care	723	CO	2016/2017	54	T:9; TP:18;	2	C	17
Emergency Nursing	723	CO	2016/2017	54	TP:18; PL:18;	2	B	16
Integration into Working Life	723	CO	2016/2017	54	T:9; TP:18;	2	D	16
Nursing Management	345	CO	2016/2017	81	T:27; TP:18;	3	B	16
School-based Community Nursing Intervention	723	OP	2016/2017	81	TP:24; OT:4; S:4;	3	C	15
Clinical Practice in the Optional Area of Community Health Nursing	723	OP	2016/2017	486	OT:4; S:4; EC:385;	18	D	17

#### Clinical Practice - Primary / Differentiated Care

Elderly Health and Geriatric Nursing - 175 hours; Centro Paroquial Bem Estar Social de Almalaguês

Medical-Surgical and Rehabilitation Nursing - 350 hours; Coimbra University Hospital Centre - Coimbra University Hospitals – Neurology C/UAVC

Mental Health and Psychiatric Nursing - 175 hours; Coimbra University Hospital Centre - Sobral Cid Hospital – Pav. 1 Sub-Acute

#### Clinical Practice in the Optional Area of Community Health Nursing

Clinical Practice in the Optional Area of Community Health Nursing - 385 hours; Health Centre Clusters of Baixo Mondego - Unidade de Cuidados na Comunidade (UCC) Coimbra Saúde - Fernão Magalhães, Eiras e Santa Clara

#### Monograph

"Excessive screen time and its consequences in adolescence"

